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ISBN: ?????

Unit 1

- 1** 1.1. B 1.2. A 1.3. A 1.4. C 1.5. A 1.6. B
- 2** 2.1. It is the highest mountain in England.
2.2. **a** (a pair of strong) hiking boots
b a warm coat
2.3. a first aid kit
2.4. something to eat
2.5. You can't get a phone signal/ make a phone call.
- 3** 3.1. C 3.2. A 3.3. C 3.4. B
3.5. scenery
3.6. rare plants
3.7. challenge
3.8. steep hills
- 4** 4.1. family rooms
4.2. can use washing machines (and dryers)
4.3. hospital
- 5** 5.1. B 5.2. C 5.3. B 5.4. A
- 6** 6.1. C 6.2. A 6.3. B 6.4. A 6.5. C
- 7** 7.1. C 7.2. A 7.3. A 7.4. B 7.5. B
- 8** 8.1. have been waiting for
8.2. have not seen Tom since
8.3. is drying up because
8.4. is trying to find
8.5. are always coming
- 9** 9.1. hasn't/has not been camping
9.2. rarely go camping
9.3. doesn't/does not leave
9.4. doesn't/does not usually snow
9.5. hasn't/has not been trekking since
- 10** 10.1. on
10.2. dried
10.3. way
10.4. range
10.5. to

Unit 2

- 1** 1.1. E 1.2. A 1.3. D 1.4. C
- 2** 2.1. E 2.2. B 2.3. C 2.4. D
2.5. wielkiego postu
2.6. rywalizacja najlepszych szkół samby
2.7. ognisku
2.8. kolorowym proszkiem
2.9. pomidorami
2.10. zgniłe i niskiej jakości

- 3** 3.1. B 3.2. C 3.3. A 3.4. A 3.5. B 3.6. C 3.7. B
- 4** 4.1. B 4.2. A 4.3. C 4.4. B 4.5. A
- 5** 5.1. C 5.2. A 5.3. C 5.4. B 5.5. A
- 6** 6.1. celebrating
6.2. event/celebration
6.3. flowers
6.4. breakfast
6.5. blown
- 7** 7.1. would go
7.2. hasn't/has not had a birthday
7.3. (has) got used to
7.4. use to like
7.5. have already prepared
- 8** 8.1. memorable
8.2. cautious
8.3. highlight
8.4. demonstration
8.5. spicy

Unit 3

- 1** 1.1. doorstep
1.2. basics
1.3. crawl
1.4. purchase
1.5. action-packed
- 2** 2.1. B 2.2. C 2.3. A 2.4. B
- 3** 3.1. E 3.2. C 3.3. A 3.4. D
3.5. peaceful
3.6. horse riding
3.7. (expert) tuition
3.8. handle
3.9. shots
- 4** 4.1. C 4.2. B 4.3. A 4.4. C 4.5. B
- 5** 5.1. B 5.2. A 5.3. B 5.4. C 5.5. C
- 6** 6.1. C 6.2. A 6.3. B 6.4. A 6.5. C
- 7** 7.1. from
7.2. take
7.3. too
7.4. up
7.5. of
7.6. if

Klucz odpowiedzi

- 8** 8.1. rainy
8.2. bored
8.3. myself
8.4. finally
8.5. relieved
- 9** 9.1. had been in the Alps
9.2. had been travelling by train/ was travelling by train
9.3. one of the best films
9.4. from all over/around the world
9.5. doesn't/does not like looking back

Unit 4

- 1** 1.1. (in the) heart
1.2. studio
1.3. open-plan
1.4. heated
1.5. (the) trendiest
1.6. parking
1.7. B 1.8. A 1.9. C
- 2** 2.1. Accept any two of the following: entertainment, restaurants, theatres, cinemas, art galleries, museums, essential services, hospitals, schools, easy to find work, convenient means of transport.
2.2. Waking up in the morning to find the side of his house has been covered in graffiti.
2.3. He creates his art on walls, houses and public buildings.
2.4. It sold for a six-figure sum.
2.5. They believe that his art should be seen by as many local residents as possible.
- 3** 3.1. F 3.2. G 3.3. C 3.4. A
- 4** 4.1. B 4.2. A 4.3. B 4.4. C 4.5. C
- 5** 5.1. A 5.2. C 5.3. B 5.4. C 5.5. A 5.6. B
- 6** 6.1. is twice as big as
6.2. are long enough to / aren't/are not long enough to
6.3. exactly the same as
6.4. are much nosier than
6.5. more and more
6.6. three times as much rent
6.7. is too big to fit
6.8. is less impressive than
- 7** 7.1. much smaller than
7.2. too far from
7.3. by far the most stressful

- 7.4. big enough to take
7.5. more and more difficult / harder and harder

- 8** 8.1. is the most intelligent in
8.2. aren't/are not cheap enough
8.3. (exactly) the same as
8.4. isn't/is not as friendly as
8.5. becoming more and more popular
- 9** 9.1. efficiently
9.2. dissatisfied
9.3. comfortable
9.4. uninviting
9.5. sensible

Unit 5

- 1** 1.1. It is constantly changing.
1.2. textspeak
1.3. They will die out.
1.4. It will make the leap from screen to speech.
1.5. (tag) LOL
- 2** 2.1. B 2.2. A 2.3. C 2.4. B
2.5. public figures or broadcasters / few people nowadays
2.6. Cockney
2.7. over 150 years
2.8. multicultural London English
- 3** 3.1. F 3.2. D 3.3. A 3.4. E 3.5. G 3.6. B 3.7. C
- 4** 4.1. C 4.2. B 4.3. C 4.4. A
- 5** 5.1. C 5.2. A 5.3. C 5.4. B 5.5. B
- 6** 6.1. came
6.2. keep
6.3. contact
6.4. point
6.5. mean
- 7** 7.1. is having its launch
7.2. am having an electrician take
7.3. won't/will not call Mike until
7.4. is going to study
7.5. will be giving
- 8** 8.1. social
8.2. get
8.3. body
8.4. facial
8.5. at
8.6. in

Unit 6

- 1** 1.1. come
1.2. locked
1.3. fill
1.4. make
1.5. bring (in)
1.6. half
1.7. B 1.8. C 1.9. A 1.10. C
- 2** 2.1. C 2.2. A 2.3. F 2.4. E
- 3** 3.1. five years' experience
3.2. cooperate with
3.3. further details
- 4** 4.1. C 4.2. B 4.3. C 4.4. A 4.5. B
- 5** 5.1. A 5.2. B 5.3. C 5.4. A 5.5. C 5.6. B
- 6** 6.1. May I leave work earlier
6.2. Would you like me to
6.3. must have forgotten to
6.4. doesn't/does not need/have to
6.5. was able to ski
- 7** 7.1. than
7.2. be
7.3. have
7.4. through(out)
7.5. could/might/may
- 8** 8.1. don't/do not have to work
8.2. wasn't/was not able to get
8.3. must be
8.4. can't/cannot have arrived
8.5. might/could/may have been working
- 9** 9.1. can't/cannot have taken
9.2. might have to work
9.3. you like me to help
9.4. work under pressure
9.5. is capable of doing

Unit 7

- 1** 1.1. C 1.2. B 1.3. C 1.4. B 1.5. B 1.6. A
- 2** 2.1. 4/four
2.2. encourage
2.3. crowded
2.4. famous

- 2.5. astronaut
2.6. founded
2.7. spread

3 3.1. B 3.2. A 3.3. C 3.4. A 3.5. A 3.6. C

4 4.1. C 4.2. B 4.3. A 4.4. B 4.5. C

5 5.1. C 5.2. A 5.3. B 5.4. C 5.5. A

- 6** 6.1. enjoy themselves
6.2. has had flyers printed / had flyers printed
6.3. is said to be
6.4. antivirus software installed by
6.5. should not be thrown / ought not to be thrown

- 7** 7.1. has
7.2. were
7.3. said
7.4. himself/up
7.5. by
7.6. been
7.7. themselves

- 8** 8.1. are not allowed to
8.2. thought to be a
8.3. has his/the computer formatted
8.4. were made to clean
8.5. to behave themselves

- 9** 9.1. spread
9.2. sale
9.3. advance
9.4. out
9.5. row

Unit 8

- 1** 1.1. 16%
1.2. fill out an application form
1.3. They are embarrassed (at their inability to do something as an adult that even five-year-olds can do relatively easily).
1.4. It will raise awareness so those in need will realise that they are not alone and will seek help.
1.5. Parents must spend time reading to their children and listening to them read.
1.6. They are working hard to encourage a love of reading for people of all ages.
- 2** 2.1. B 2.2. C 2.3. A 2.4. B
- 3** 3.1. more expensive
3.2. expert advice
3.3. donate

Klucz odpowiedzi

- 4** 4.1. B 4.2. C 4.3. B 4.4. C 4.5. A
- 5** 5.1. A 5.2. C 5.3. B 5.4. A 5.5. C
- 6** 6.1. C 6.2. C 6.3. B 6.4. A 6.5. B
- 7** 7.1. would have been able to
7.2. I hadn't/had not left my
7.3. it reduces the amount of
- 8** 8.1. estimated
8.2. regularly
8.3. unemployment
8.4. homelessness
- 9** 9.1. we could do
9.2. I were you
9.3. I hadn't/had not walked
9.4. when we see
9.5. would join (in)
9.6. unless she tells him
- 10** 10.1. would have gone
10.2. only I hadn't/had not bought
10.3. wish you would stop
10.4. were you
10.5. not invite the guests unless

Unit 9

- 1** 1.1. A 1.2. C 1.3. B 1.4. C 1.5. A 1.6. B
- 2** 2.1. check her progress
2.2. faulty education system/
competitive education system
2.3. Peter
2.4. learning languages
2.5. shouldn't choose/shouldn't be allowed to choose
- 3** 3.1. F 3.2. B 3.3. D 3.4. E
3.5. The best students get a First Class degree, the next best a 2:1, then a 2:2, and finally a third.
3.6. a small group of students with a professor or lecturer where they get to ask more in-depth questions
3.7. a) They can be noisy.
b) Places fill up quickly.
3.8. They can get a loan.
- 4** 4.1. A 4.2. A 4.3. B 4.4. C 4.5. B
- 5** 5.1. C 5.2. A 5.3. C 5.4. B 5.5. B
- 6** 6.1. B 6.2. C 6.3. B 6.4. C 6.5. A

- 7** 7.1. is used to studying
7.2. is no point (in)
7.3. where I will have
7.4. look forward to going
- 8** 8.1. to stop eating / that I should stop eating
8.2. To tell you the truth
8.3. have just finished doing
8.4. remember to fill in
- 9** 9.1. most modern
9.2. lecture halls
9.3. professors
9.4. chat rooms

Unit 10

- 1** 1.1. are responsible
1.2. 3
1.3. about 50% / about a half
1.4. Climate change
1.5. Step
1.6. July
1.7. A 1.8. B 1.9. C 1.10. C
- 2** 2.1. F 2.2. B 2.3. D 2.4. A
2.5. extinct
2.6. a/one thousand
2.7. environment
2.8. predator
2.9. attack
2.10. (original) conservationists
- 3** 3.1. C 3.2. B 3.3. A 3.4. B 3.5. A
- 4** 4.1. A 4.2. A 4.3. B 4.4. B 4.5. A
- 5** 5.1. C 5.2. B 5.3. A 5.4. A 5.5. C
- 6** 6.1. used
6.2. for
6.3. told
6.4. that
6.5. under
6.6. but
- 7** 7.1. since the previous year/ the year before
7.2. warned us not to eat
7.3. the day before / the previous day
7.4. asked me when
7.5. apologised for leaving
7.6. (that) she couldn't/could not understand

- 8** 8.1. if she had taken out
8.2. about all the plastic packaging
8.3. he was becoming
8.4. invited us to the
8.5. told me to turn off
8.6. me (that) she had

Unit 11

- 1** 1.1. C 1.2. E 1.3. A 1.4. B
- 2** 2.1. C 2.2. A 2.3. D 2.4. C 2.5. B
2.6. reklamy
2.7. produktu
2.8. ich zegarek / zegarek Omega
2.9. powieści/książce
- 3** 3.1. A 3.2. C 3.3. B 3.4. B 3.5. A
- 4** 4.1. B 4.2. C 4.3. A 4.4. B 4.5. C
- 5** 5.1. C 5.2. A 5.3. B 5.4. A 5.5. C
- 6** 6.1. encourage
6.2. effective
6.3. decisions
6.4. retailers
6.5. something
- 7** 7.1. (that) neither John nor Frank
7.2. can use any meat
7.3. don't/do not have enough / haven't got/have not got enough
7.4. a lot of
7.5. found nothing (that)
- 8** 8.1. called
8.2. advertising
8.3. experience
8.4. advance
8.5. on

Unit 12

- 1** 1.1. build
1.2. effective
1.3. healthy
1.4. repair
1.5. fizzy drinks
1.6. organs
- 2** 2.1. F 2.2. D 2.3. B 2.4. A
- 3** 3.1. naturalnego
3.2. przyswajanie
3.3. podwyższa
3.4. słodkich przekąsek / słodyczy
- 4** 4.1. C 4.2. A 4.3. B 4.4. B 4.5. A
- 5** 5.1. B 5.2. A 5.3. B 5.4. C 5.5. A
- 6** 6.1. A 6.2. C 6.3. B 6.4. B 6.5. A
- 7** 7.1. concerned
7.2. in case
7.3. as a result
7.4. affordable
7.5. cut out
- 8** 8.1. so tiring that
8.2. whereas Ken works out / whereas Ken exercises
8.3. yet I haven't/have not lost
8.4. (in order) to lead
8.5. in case he was/got thirsty
8.6. even though she eats
- 9** 9.1. a good/great deal farther
9.2. such a tasty salad (that)
9.3. Despite going to the gym
9.4. reason why Iris avoids
9.5. as a result have lost
9.6. so as not to put

Klucz odpowiedzi

Wypowiedź ustna (1–6)

Zadanie 1

Przykład realizacji zadania.

Uczeń: I went on a hike last weekend. I went hiking up Rysy, a huge mountain in the High Tatras.

Egzaminator: Cool! I would like to go on a hike, too. And where did you stay?

Uczeń: I stayed in a cosy hotel in the town of Zakopane. It was very close to the start of the hiking trail, so that allowed me to wake up early and start my hike right away in the morning.

Egzaminator: Good choice! So, what did you do during your hike?

Uczeń: I took a lot of photos of the scenery while I was there. I did some birdwatching, too, and spotted some incredible species that live in the region. I also stopped for lunch and enjoyed the amazing views of Morskie Oko, the nearby lake.

Egzaminator: Wow, amazing. So, what was your reason for going?

Uczeń: I went because I wanted to get away and experience nature. I spend most of my time in the city, and this was a great way for me to breathe some fresh air, get some exercise and explore the beautiful countryside of the region.

Egzaminator: Did you experience problems while hiking?

Uczeń: Some parts of the trail were quite difficult and some were even a little scary at times. There were also large crowds in some places, so it took me a bit longer than I expected to complete my hike. It was still a great experience, though.

Zadanie 2

Przykład realizacji zadania.

Opis ilustracji:

The picture shows a firework display at night. There is a crowd of people out watching it, and the fireworks are making bright colours in the sky. Perhaps the people watching the show are celebrating New Year's Eve. They might also be taking part in another celebration as fireworks are often a part of various festivals or significant events. It could also be a spectacular finale of a concert or a sporting event.

Odpowiedzi na pytania:

1 I would like to attend this event. I enjoy firework displays because they are very beautiful and entertaining, and they are always fun events to attend with family or friends.

2 Personally, I prefer live concerts to firework displays. Live concerts often have colourful light shows, which are similar to firework displays, but you can also listen to the music and watch the musicians performing, which makes them even more entertaining to attend.

3 Recently, I attended a music festival in my town. Bands from all over the country came to play music in front of the crowd there. It was great because there were all different kinds of music, and many of the performances even included entertaining visual displays and light shows.

Zadanie 3

Przykład realizacji zadania.

If I could choose between the three options, I would choose option 3, the safari holiday. I would pick this option because my friends and I have a keen interest in wildlife and nature, so it would be amazing to see some animal species like elephants, giraffes and lions in real life. I wouldn't choose a skiing holiday because I prefer warm weather holidays. I wouldn't choose a diving trip either because I find underwater species less interesting than the ones I could see on safari.

Odpowiedzi na pytania:

1 People want to go on adventure holidays because they want to experience a feeling of excitement that they don't get in their normal daily lives. By exploring an unusual place, doing a thrilling activity or seeing species that don't exist where they live, people can get that feeling and create memories they will never forget.

2 For me, the perfect holiday would be to visit Kenya, in East Africa. I would enjoy this holiday because I could explore the Maasai Mara National Reserve, where some of the world's most amazing animals live. I could also experience the real African culture, which I find very interesting, and learn about a way of life on another continent.

Wypowiedź ustna (7–12)

Zadanie 1

Przykład realizacji zadania.

Uczeń: I do some volunteer work in my local area. I usually volunteer on Saturdays, helping out at a dog shelter just outside of my hometown. Normally, I'm there from around 10 am to 3 pm.

Egzaminator: Wow, that sounds great! I'm interested in taking up some voluntary work myself. What are your responsibilities?

Uczeń: My job is to help look after the animals. So, I feed and walk the dogs there to keep them happy and healthy. I also tidy up around the shelter and make sure that the dogs have clean, warm places to sleep.

Egzaminator: Why did you choose this kind of voluntary work?

Uczeń: I chose this kind of work because I love animals, especially dogs. In shelters, there are often many dogs and just a few staff members, so they always need help with looking after the animals. By volunteering, I can do my part to improve the lives of animals who don't have permanent homes.

Egzaminator: So, what are the advantages of voluntary work?

Uczeń: There are a number of advantages to doing this kind of voluntary work. One advantage is by working with others, I can develop skills that I might use in my later career. Another advantage is the personal growth resulting from these new experiences and the positive feeling that comes from doing something for someone other than myself.

Zadanie 2

Przykład realizacji zadania.

Opis ilustracji:

The picture shows a lecture hall. At the front of the hall, there is a man giving a presentation or lecture to a group of young people who look like university students. The man is presenting information about market research, and there are graphs displayed on the board behind him.

Odpowiedzi na pytania:

1 It's not clear whether the students are smiling or not, but I think they are not enjoying the lecture from the way they are sitting. This might be because they think the lecture is boring, or because the topic is complicated and difficult to understand.

2 There are lots of advantages of going to university. By going to university, students can gain qualifications for their future careers and develop important skills like time management and communication. Additionally, they can meet new people to make new friends or make connections that might be useful later in their careers.

3 Recently, I attended a history lesson which I found very interesting. It was about the creation of print media, and the invention of the printing press by Johannes Gutenberg in the 15th century. I enjoyed the lesson because I learned about the role of print media in our history and the way this invention has changed our society over time.

Zadanie 3

Przykład realizacji zadania.

If I could choose between the three options, I would choose option 2, the VR headset. I would choose this one because getting a new one would allow me to experience VR with the best graphics and software currently available. I wouldn't choose option 1 because I don't use many apps on my smartphone, so I wouldn't benefit much from getting a newer one. I wouldn't choose option 3 either because I have access to modern PCs at school and don't need a new laptop.

Odpowiedzi na pytania:

1 In my daily life, I often use a smart speaker and an e-book reader. My e-book reader is useful because I can put lots of different books on it, like novels and extra reading for school, and take them with me without having to carry a heavy bag. My smart speaker is useful because I can ask it to find information quickly when I'm studying, and that allows me to do other things at the same time.

2 I agree that relying on technology too much can make us less intelligent. While it's good that we have technology and the Internet to help us find information, we cannot always be sure that we will have access to these technologies, so we need to learn useful information ourselves. If we always rely on technology, we won't learn anything new or grow as people.

Wypowiedź pisemna

1 Przykładowa odpowiedź

Hello everybody!

Today I'd like to tell you about my favourite Polish celebration. Fat Thursday (Tłusty Czwartek) is an annual celebration that almost everyone can take part in. On this day, everyone eats as many doughnuts and angel wings (a type of pastry) as they like.

Fat Thursday is a celebration for Christians across Poland as well as Polish people abroad. It takes place on a Thursday a few weeks before Easter.

It is supposed to be the last day when you can eat junk food before fasting for Easter. After this, people give up eating certain foods until Easter Sunday.

On the Wednesday before Fat Thursday, there are huge queues outside sweet shops and bakeries as lots of sweets and doughnuts are bought. On the day itself, there are a lot of happy faces and full stomachs so join in the feast! It's a good excuse to try Polish sweets.

2 Przykładowa odpowiedź

TO FLY OR NOT TO FLY?

Have you already chosen your next holiday destination? Are you going to get there by plane? Then, maybe you should feel guilty that you contribute to climate change and choose a more sustainable means of transport instead.

It cannot be denied that there are places which can only be reached by plane. Nevertheless, there are a few things which can make planes better for the environment. First of all, choose direct flights which will not only save your time but also our planet. Planes use the most fuel during take-off and landing. Secondly, pack light. Take only the necessary things with you as the heavier your suitcase, the more energy it consumes. If you have a smartphone, don't print the boarding pass, just download it on your phone. You can also think of using public transport or carpooling to get to the airport.

However, it would be a good idea to think of alternative modes of travel. Next time, try to appreciate your own country and decide to stay closer to home, reducing your carbon footprint. There is so much to see and do in Poland – from visiting historic places with lots of monuments to being close to nature and choosing the seaside, lakes, or mountains. You can also become a slow traveller. Instead of taking short breaks many times a year, we could decide to take fewer but longer holidays. This way you will not travel so often and at the same time it may give you the chance to have a unique and immersive experience. Remember that there are also many more ecological means of transport such as public transport in the form of trains and buses.

By having holidays in our own country and using trains and buses we can practise sustainable tourism and help the planet.

3 Przykładowa odpowiedź

Technology has changed the world in so many ways, from entertainment to medical procedures. One area that it has also had an effect on is the world of work. It is nowadays possible to do all your work at home instead of being in an office. However, this new way of working has its benefits and drawbacks.

In the first place, working from home means you do not have to travel to work. That will save you money and time as you do not end up stuck in traffic jams or waiting for a bus. Secondly, it is more flexible. For example, you do not have to work from 9 to 5. As long as you complete your 8 hours every day, you can choose when they are done. On the other hand, there is the problem of boredom.

Working at home will not give you the variety of getting out and seeing other people. You will not be able to chat face-to-face or eat out together at lunch. In addition, you might not be able to stick to the routine. At home, there are always other things to do and you may find yourself falling behind with deadlines.

In conclusion, I believe that working at home is the future. You will miss social interaction and you need to have a routine, but you will not have to commute to the office, and you can arrange your own hours.

4 Przykładowa odpowiedź

Fitness apps, whether on your wrist or on your phone, have grown in popularity over the last few years. These apps give valuable help to anyone wanting to get healthier. In my opinion, they are incredibly useful.

Firstly, apps like these keep track of your progress and show you exactly how much exercise you have done. Your results appear immediately on the screen as well as your next goal. They are like portable personal trainers who give you immediate updates on how well you are doing. Moreover, these apps allow you to customise your workout. You may want to focus on building your stamina or you might prefer to build up your running speed. Whatever your requirements, these apps can help. Just type in what you want, and you'll have a plan for the perfect workout.

However, some fitness fanatics can become obsessed with these apps. They may push themselves too hard to progress further. An app will not be able to advise you to take it easy unlike a personal trainer or someone in the gym.

On the whole, I believe that fitness apps are the future for anyone wanting to get fitter. As long as you use them sensibly, they are more flexible, and a whole lot cheaper and more convenient than joining your local gym.

5 Przykładowa odpowiedź

Hi Peter,

I hope you had a nice weekend. I'm writing to you because I've decided to take part in a creative writing

course and I thought you could join me. As the name suggests, we will develop our writing skills and creativity. First, we'll learn about different types of writing, and then about the structure of each of them. We'll take part in workshops, lectures, and individual sessions. The course costs £200 but as a student, you can get a 50% discount. It takes place in the summer and lasts 4 weeks. During the course, we can stay at the host family or in a youth hostel. I'd prefer the second option. How about you? As for the food - it is included in the price. There will be breakfast, lunch, and supper provided. So, what do you think about it? Let me know soon because the deadline is 15th August. We can sign up online together.

Best wishes,
XYZ

6 Przykładowa odpowiedź

Hi Claire,
You'll never believe what happened to me. Last month I bought the IconX games console for a bargain in a sale. The price was really low so I made a quick decision. When it arrived, I unpacked everything and noticed that the console was damaged along its left side. I set up the console, but it did not switch on. I contacted the company and they promised to send a replacement. After two weeks, I contacted the office again and they told me that I would have to pay for the delivery of the new console. I refused because the fault was not mine. Eventually, they sent me a new console but I feel really disappointed that they treated me this way. I won't buy anything in this shop again. How about you? Have you ever had a similar experience?

Write back soon.

Yours,
XYZ

Extra Practice Material (Units 1–12)

- 1 1 regret not having
- 2 is said to be
- 3 he hadn't/had not bought
- 4 is seeing
- 5 wish I'd/ I had helped
- 6 were you, I'd/ I would
- 7 used to go
- 8 (me) if I could
- 9 none of the customers
- 10 apologised for forgetting my
- 11 finished by the
- 12 can't/cannot have been // couldn't/could not have been

- 2 1 had been looking around
- 2 got used to speaking
- 3 won't/ will not be able to
- 4 allowed Jess to borrow / let Jess borrow
- 5 will have had
- 6 regret to announce
- 7 has been snowing since
- 8 unless we take // if we don't/do not take
- 9 wasn't/was not able to talk
- 10 will probably be working // might/may/could be working
- 11 even more annoying than / even more irritating than
- 12 had been offered

- 3 1 had better look out
- 2 would like to know how
- 3 did they turn on
- 4 looking forward to going
- 5 promised to help (me)
- 6 has not arrived at
- 7 several of the eggs had/were
- 8 you know the reason (why)
- 9 by far the most comfortable
- 10 remember having my/a photo
- 11 will ever go back to
- 12 don't/do not have to cook

- 4 1 sculpture
- 2 communication
- 3 depression
- 4 impressive
- 5 bullying
- 6 residents
- 7 extraordinary
- 8 interact
- 9 requirements
- 10 creativity
- 11 packaging
- 12 neighbouring

Unit 1

Exercise 1

1

Woman (W): Excuse me, can you tell me where the library is?

Man (M): Of course, but it's not very near. Cross the bridge here and turn left onto Jacksons Lane. Walk for about ten minutes until you reach a hospital. Opposite that is Park Road. Cross over, take Park Road and walk for another ten minutes until you reach the park. Go past the park and the library is on the right.

W: Great. Thank you very much.

M: No problem.

2

M: It says here that there are around 15 million camping trips every year.

W: That sounds a lot. That's just under a quarter of the population. I think that there are a lot fewer people going camping.

M: It's not the number of people camping. It's the number of trips. It could be one family takes four trips a year.

W: Oh, I see. Even so, it still seems a high number.

3

W: How was the trip?

M: I had a great time. It was the first time I've ever climbed a mountain. The view from the top was amazing. I also got to swim in a lake. I haven't been swimming for years.

W: Sounds pretty active. Did you do anything relaxing?

M: I went down the river in a boat. That was very relaxing, but it was nothing compared to the mountain. I don't think anything can beat that.

4

M: Look at that view. Come here, I'll take a selfie of us. That's it. Here, have a look at that.

W: That's a great photo. Can you send it to me? It can go on my Twitter feed.

M: Sure, just give me a moment. Right, it's sent.

W: Okay. Done it! What's the name of the hill we're on, so I can say where we are?

M: Hang on. I can find it on the map. Er... here we go. It's Dunston Hill.

W: Thank you!

5

W: Why are we heading to the Palace of Westminster? We can't tour the queen's palace, can we?

M: She lives at Buckingham Palace. The Palace of Westminster is another name for the Houses of Parliament. You know, where Big Ben is.

W: Ah! Can we do the Millennium Wheel afterwards? I can't wait to take a ride on the Millennium Wheel!

M: We can do that tomorrow if we have enough time. Don't forget we're going to Kew Gardens in the morning.

6

W: Are you telling me you don't know the road signs?

M: I only passed last week and, to be honest, I guessed them on the test. They've got little pictures on them like a cross for a crossroads.

W: What about one with a blue sign with a shape like a 'T' and a red top?

M: Er ...

W: How about that one over there?

M: The man on the crossing. That's easy.

Exercise 2

Speaker: Good morning and welcome to Marple Hiking Club's annual trek up Scafell Pike, the highest mountain in England. Now, I can see some new faces here today, so before we set off, I'd like to go through a few safety measures. My apologies to all of you who've heard this before, but it's always better to be safe than sorry. Let's start with clothes. I'm assuming you're wearing a strong pair of hiking boots. The hike to the top goes through some rough terrain and your boots are for your protection. Also, I hope you've got a warm coat. I see a lot of you in T-shirts and shorts. It may be lovely and sunny down here, but it could be very cold at the top. Next, equipment. We will be walking together, but I hope you've got a compass and a whistle just in case you get lost. I don't expect you all to have a first-aid kit in your rucksacks, so I've got one for anyone to use if there is any medical emergency. Fingers crossed we won't need it. We have a long and sometimes tiring walk ahead of us so fill up your water bottles now as you won't find any taps along the route. We will be making regular stops for something to eat because, as I said, it's an exhausting walk and we'll need to keep our energy up if we're to get to the top. Speaking of the top, do not expect to get a phone signal up there, but you will be able to take some great photos. Right – that's enough talking, now let's get walking!

Unit 2

Exercise 1

Speaker one: For most of the time, Hay-on-Wye is a sleepy village in Wales, but for a few days every year it fills up with book lovers for its book festival. I actually met my favourite writer at the Hay Festival. Well, I say met, I mean saw. She was

staying in the same hotel as me. I was eating my breakfast when she walked in and sat down at the table next to mine. I just regret not having the courage to speak to her!

Speaker two: If you love live music, then Glastonbury in the beautiful English countryside is for you. This annual music festival is the biggest in the UK and tickets for it are sold out months in advance. I've been there three times, and each time it poured down. It's held in a field and it gets really muddy, I can tell you. If you do go, take lots of plastic bags – you'll need them to protect your shoes from all the mud!

Speaker three: Comic-Con International is held in San Diego, the USA every year. Lasting four days, it's a celebration of everything to do with comics and superheroes. Lots of fans attend and many of them dress up as their favourite heroes. I went as Spider-Man last year and my friends went as X-Men. You can meet writers and artists at the festival and there's even a presentation of all the latest superhero movies. Sometimes, they make major announcements, so it's seen as a very important festival for comic fans.

Speaker four: Notting Hill Carnival isn't held at the same time as other carnival celebrations. It takes place in the Notting Hill area of London in August, probably to get the good weather. It's the biggest street festival in Europe attracting about a million people every year. I live in London, so I make sure I don't miss it. There are parades, loud music and the cars stop for people dancing on the streets. That's something you don't see very often here!

Unit 3

Exercise 1

Speaker: Many people travel all over the world to find excitement, but with Cheshire Cave Divers the world of adventure is right on your doorstep. In fact, it's probably under it. If you've never gone cave diving, you've never lived. Don't worry if you're a beginner because you'll learn the basics from our professional cave divers who have over fifty years of experience between them. After that, we'll take you underground where you'll crawl through tunnels and discover hidden caves, lakes, and rivers. You don't need to purchase expensive equipment, either, as everything is provided for you, from wetsuits to helmets. All you have to do is turn up to Cheshire Cave Divers and get ready for an action-packed day you'll never forget. See our website for further information and to book your place.

Exercise 2

Poppy: So, we both like extreme sports, but what's the craziest sport you've ever tried, Owen?

Owen: Er, I think it was volcano surfing last year. I was hiking around Nicaragua in Central America and one of the people

I met recommended it to me. She had her own travel blog and she was there to report on volcano surfing. The way she described it to me made it seem so exciting that I knew I had to try it. Anyway, the next day I found myself on the slopes of Cero Negro speeding down on a thin piece of metal.

Poppy: Wow! So it's like snowboarding, isn't it?

Owen: Kind of, but it's not on snow – it's on ash. And it wasn't cold, it was hot, although not as hot as you'd expect next to an active volcano.

Poppy: Wasn't it dangerous? I mean what would have happened if it had erupted?

Owen: It's a lot safer than you think, although it is still pretty risky. These volcanoes give out warnings before an eruption, usually smoke. Anyway, what about you, Poppy? What's the most daring thing you've done?

Poppy: Mmm, let me think. Well, it might not be the craziest, but I did go shark cage diving a few years ago.

Owen: I'd love to do that. Were you scared?

Poppy: I was to start with, but I soon realised that the sharks weren't interested in me. The organisers attracted the sharks by putting food in the water and they were too busy eating to pay me any attention. Don't forget that I was in a cage and there's no way that any shark could have got at me. I soon relaxed and was able to enjoy watching them swimming around.

Owen: You know what, Poppy? We both like taking risks, so we ought to do something together.

Poppy: That sounds like a great idea, but it'll have to be here, not abroad. I'm starting a new job soon and I don't think I'll be getting time off for a long while.

Owen: That's not a problem. I can check out some websites and we can do something local at the weekend.

Poppy: Looking forward to it!

Unit 4

Exercise 1a & 1b

Speaker one: Belsize Homes are pleased to announce a new housing development in the heart of New York. Located on the site of an old factory, Kenwood Heights is a series of studio flats for young professionals who need to live in town. There are only going to be a few of these properties available and they're sure to go quickly, so call now to express your interest.

Speaker two: Dayton Houses' new luxury accommodation come with everything a modern family might look for in the perfect home. Love large rooms? Then you'll adore the open-plan kitchens and living rooms. All our properties come with that extra touch of comfort – we have installed heated towel rails in the en-suite bathrooms and open fireplaces for those cold New York nights. Check out our website for more details.

Zapis nagrań

Speaker three: Bill Abbott Property builds homes for celebrities, but now it's building a home for you. In a major new development in Greenwich Village, one of the trendiest locations in New York, seven new townhouses are going to be built on the site of an old fire station. The large grounds allow us to offer something every New Yorker wants – private parking. Call the office now to book an exclusive viewing.

Unit 5

Exercise 1

Speaker: Let me start by saying that language and written communication is constantly changing. It never stays the same. That's why you hear the older generation complaining about the state of the language and moaning that textspeak isn't grammatically correct and emails are no substitute for letters. So, if the way we communicate is evolving all the time, what will the language we use in the UK sound and look like in fifty years' time? Well, experts think that traditional dialects, the way that people talk in a particular region and the words they use, will die out, and that we'll all be speaking a standard English that has elements of, for example, Cockney, a London dialect, Scouse, one from Liverpool, and Geordie, one from Newcastle. The experts also suggest that we'll lose the 'th' sound and use 'f' instead, so whereas now we say 'think', in half a century we'll be saying 'fink', as well as 'booty' instead of 'beauty'. The changes won't just end there, though. Textspeak will probably make the leap from the screen to speech and we'll no longer be saying 'That's funny', but 'tag LOL'. Whatever the future holds, one thing is certain – there'll always be someone complaining about the way the younger generation speaks. Anyway, THX for listening and BB for now.

Unit 6

Exercise 1a & 1b

Speaker: Okay, here we are, Max – the third floor. This is your desk by the window. Try to keep it clean and tidy. The office manager sometimes does spot checks and she likes a neat desk. The guys from the IT department will be here in an hour and they'll set up your computer. They'll give you a username and give you a hand coming up with a secure password. You get all pens, paper and anything else like that from the stationery cupboard over there. It's always open, we don't lock it, but filling in a form saying what you have taken is essential. That way we know what we have and what we need to reorder. The forms are in the cupboard. The toilet area is on the right there. Next to it is the kitchen. It has a fridge and facilities for making yourself a drink. There are some mugs and spoons in the cupboards there from staff who have left. Making sure you're not using someone else's mug is a good idea though. People can get annoyed when they can't find their favourite mug. Milk and tea or coffee are not provided

so you'll have to bring them in yourself. Now, your hours are flexible, but you do have to do eight hours a day. That means you don't have to come in at exactly 9 o'clock, but if you do come in later, then you have to stay later to make up any difference. Let me think, is that everything. Oh, lunch is at one and you have thirty minutes. You can eat something at your desk if you like or go out. If you do go out, though, make sure you sign out and sign in on returning. There are some great sandwich bars on the main road. And, finally, this is Petra, Petra, this is Max. She'll be your project leader, so I'll leave you in her capable hands. Petra, would you introduce Max to the rest of the team, please? Right Max, I'll see you later. Any problems or questions, just pop by my office and I should be able to help. Bye for now.

Unit 7

Exercise 1

Speaker: Thank you all for coming today and a big hello to everyone who is watching online at this very moment. Let me take you back ten years to when we released the first IconX games console. We spent years developing the best console to give you, the gamers, the best possible gaming experience. It was expected to sell well, but no one would have thought it would ever be sold in the millions it has. For that, we have to thank all the dedicated gamers out there. Thank you! Now we are taking gaming to a new level with the IconXS.

"So, what's changed" I hear you ask. Well, the IconXS will have four times the memory of the IconX. That's a massive 2 terabytes – the largest console memory on the market. That means no more deleting old games to download new ones. We've also upgraded the resolution on the console to provide stunning visuals. If you are playing on an HD screen, the images will be almost life-like and move as smoothly as if you were seeing everything in the real world.

If you fancy getting away from that real world, then you'll be over the moon when you hear about our new virtual reality headset that goes with the IconXS. Let us take you to worlds you've never seen, worlds you could only imagine – until now. You'll truly believe you're fighting to survive on alien planets. You'll feel like you're really driving that high performance car or playing football for your favourite team. The handset for the IconXS has also been redesigned to make it more comfortable to hold in those long gaming sessions. Its battery life is another feature that has been improved, now offering over five hours of play from a full charge.

Finally, we had a survey taken of players and you'll be happy to know that we've listened to all your suggestions as to how to make this new console even better than the first. Perhaps the most requested feature was the ability to play games online against other consoles. So once again, I'm pleased to announce that with the IconXS, you will be able to play across platforms. That means you can game against your friends who own different consoles or are playing on their PCs.

Now, I'm sure you're all eager to find out when you can get your hands on the console and how much it is going to cost, so I'm pleased to tell you that the IconXS will be released on September 10th at a cost of £ 399. I believe the IconXS will be the world's best console and for that we need the world's best games. So let's take a look at all the new ones you're going to be playing on this fantastic new console this autumn ...

Unit 8

Exercise 1

Speaker: It is a sad fact in this day and age that 16% of adults in the UK are illiterate and 1 in 5 struggle to read and write. Even worse is the fact that despite years of improvements in the education system, literacy rates are still falling. Imagine leaving school and not being able to read a book, a magazine, or even a list of ingredients on a packet of crisps.

Being able to read and write is so important in our society. Anyone applying for a job has to fill out an application form and most forms of transaction require at least a signature. Being able to read and write is the difference between being able to get a job and being unemployed. And even those without jobs will have to fill in forms to receive benefits from the government.

Obviously, it is the poor who suffer most and unfortunately they are the least likely to seek help. In most cases it is because they are embarrassed at their inability to do something as an adult that even five-year-olds can do relatively easily.

That's why we need to fight illiteracy. The first thing that needs to be done is a campaign by the government to raise awareness about the issue. If the government does this sensitively, then those in need will realise that they are not alone and will seek help. Secondly, evening courses and holiday sessions could be run by qualified teachers in schools and colleges around the country.

It is vital for our future generations that this situation does not carry on. There must be more involvement at home in creating a love of reading in children. Parents must spend time reading to their children and listening to them read.

A country's future is based on the education of its citizens. Reading and writing are the foundations of that education. Luckily, there are charities and trusts that are working hard to encourage a love of reading for people of all ages. As William Nicholson wrote, "We read to know we're not alone." And in the fight against illiteracy, no one is alone.

Unit 9

Exercise 1

1

Man (M): Don't bother going to the library to get the books the lecturer recommended.

Woman (W): Why? Doesn't the library have them?

M: They had five copies, but when there's 56 students on the course, that's not enough.

W: You could always buy them online. There's loads of second-hand copies around. That's what I'm going to do. And don't forget the bookshops in town. They have lots of old copies from students who have finished their courses.

M: That's a good idea but I'm on a tight budget. I think I'll just wait until they're back in the library.

2

W: Who do you have for French Literature, Connor?

M: I can never remember her name. Is it Professor Harman?

W: She teaches International Politics. I had her last year before I changed to English Literature.

M: It must be someone else then. You must have seen her around. It's that very tall woman with the red hair.

W: That's Dr Shawcross.

M: Okay, then, she's my lecturer.

3

W: Let me explain the process for using the library. Now, the first thing you should know is that an account has already been set up for you. You should have received your username and password in the pack we mailed out. You should log in to the account straight away but make sure you change your password immediately. After that you can use the library's catalogue, but to take out anything, you'll need to get a library card from the front desk and for that you'll need a photograph of yourself. Now, moving along to our resource room ...

4

M: I'm sure it's around here somewhere.

W: That's the hall where he did the lecture last week. Didn't he say his room was near there?

M: I can't remember.

W: Well, I hope you remembered to get the books from the library. He said we needed them.

M: Here it is. Look, there's his name on the door. Come on, let's go in.

5

M: Do you remember your first day here?

W: I do. I was so nervous about everything – studying, making friends, living with strangers – well, they were strangers to begin with. I can hardly believe that was three years ago.

M: Didn't you live on campus last year?

W: Just the first year. For the last two years, I've been in a flat in the centre of town.

M: And here we are almost at the end.

W: I know! It's so strange to think I'll be back home in my old bedroom after these three years.

6

M: Right, that's the essay on illiteracy done. Now ... what else can I check off my 'to do' list?

W: How about doing the washing-up? There are some of your mugs that haven't been cleaned for two days.

M: I haven't got time for all that. It says here I need to check my emails. There are some books I need from the library and they might be in now.

W: You mean the library sends emails when books you ordered are in. I didn't know they do that.

M: Oh yes. Of course, I still have to go there to collect them, but if they're in, I can do that later.

Exercise 2

Interviewer: We are here to talk about school and all the stuff connected with it. I've invited two students, Kate and Peter who will share their opinions on education. The first thing I would like to ask you about is: Are exams too stressful?

Kate: I don't think so. I like doing exams, and I usually do quite well in them. They motivate me to study. In my opinion, they are a good way to check your progress.

Peter: I think they are. I prefer to have a process of continual assessment. I can work all year and not have to cram at the last minute. I hate exams!

Interviewer: What do you think about kids taking part in extra lessons after school?

Peter: I don't think this is a factor in helping to improve education around the world. I think if children take extra lessons after school, it's either a sign that the school system is not working properly and children are not learning anything or education is very competitive in that country.

Kate: I'm afraid that's not quite true. Ambitious parents have always spent extra money on after-school classes and so it does improve the level of education.

Peter: I'll have to disagree on that one.

Interviewer: Is the introduction of computers to school a good idea? Do students need them?

Kate: I can't help thinking that having computers in the classroom doesn't really make any difference. They don't make students listen, they are just another tool in the process, like chalk and the blackboard.

Peter: Oh, I can't agree with that. I think that computers link the students to the web where they can find out all sorts of information they need. It helps students do better in exams.

Interviewer: So here comes the next question. Is distance learning as effective as attending a college?

Peter: This depends on the individual student to some extent. I like to learn in a class with other students. I think talking about the subject with others helps me learn. You can't do this with distance learning.

Kate: It depends on the subject matter, in my opinion. Some subjects can be taught online, and some can't. When I am learning a language, I need other students to practise with.

Interviewer: Should students be able to choose their own lessons?

Kate: I would say that around the world very few students are able to choose their lessons. So I don't think this could have a very positive impact on education.

Peter: I've come to the same conclusion. I don't know in which countries this applies. It's a nice idea, but most students have to follow a fixed curriculum.

Interviewer: After your graduation from school, will you do more studies or apply for a job?

Kate: I think it is necessary these days to get a degree after school, and sometimes even two degrees before you can find a job. So I will continue to study.

Peter: I'll apply for a job, but if I don't get one straight away, then I'll do a vocational training course.

Interviewer: Do qualifications help people to get better jobs?

Peter: They definitely do. It's quite difficult to get any kind of job unless you have good qualifications.

Kate: The job market is very competitive, and just out of school, it's really almost impossible to get a good job. You need to go to university.

Unit 10

Exercise 1a & 1b

Speaker: Today, we're talking about bees. Bees are one of the most underrated creatures ever. They seem harmless enough, buzzing around from one flower to another in the warmer months, but the work they do is incalculable. They are actually responsible for pollinating most of the plants we use for food including potatoes, onions, cabbage, tomatoes and many more vegetables. They also pollinate cotton, strawberries, grapes, pears and a lot more fruit. According to Greenpeace's website, bees are responsible for one out of every three bites of food we put in our mouths. So imagine what would happen if these tiny workers were to vanish. Sadly, their numbers are getting smaller and smaller every year. Scientists estimate that bee populations have dropped by about a half in the last ten years. They think it might have something to do with climate change, but they can't be 100% sure. That's why we need to look after our flying friends and maybe even celebrate their existence, and that's just what some people do every year. Perhaps you haven't heard of Don't Step on a Bee Day, but it actually exists, and it takes place on July 10th. It might not be marked with firework displays or parades through the centre of town, but it serves as a reminder that we shouldn't take this incredibly useful insect for granted. And here to tell us all about this very special day in the bee calendar is Dr Joanne Walsh.

Unit 11

Exercise 1

Speaker one: Every time I go into the centre of town, I always get stopped by those people with the clipboards. You know, the ones who ask you where you shop, what you buy and what you'd like to buy. I know they're collecting important information for the shops, but can't they give me a miss once in a while!

Speaker two: It's just terrible. I knew when I bought a house on the main road, there'd be lots of traffic and noise, and there is, but this is going too far. They've put it up right opposite my house and it's huge! All I can see when I look out of my front window is this massive advert for a digital camera. I really must complain, but I don't know who to email!

Speaker three: Look, I know that traditional advertising methods have worked for years, but I really think we need to recognise that the times have changed. Watching a TV commercial or listening to a spot on the radio does work, and jingles do stick in people's heads, but we need to accept that more people are online these days and that's where we need to concentrate our efforts.

Speaker four: I love my job and wouldn't change it for the world. It's all I do from the minute I get in the office to the time I leave. When people ask me what I do, I often compare it to a poet creating a poem, although with me, it's just a few words. Having said that, I do consider it to be an art form. I can't tell you how proud I feel when I hear it on the radio or the TV.

I suppose I don't have to warn you about avoiding processed food. We all know it's not good for us. It's tasty, sure, but it doesn't contain all the nutrients to help your body work better. In fact, processed food makes the body work worse. And stay away from fizzy drinks. They often contain far too much sugar and can spoil your teeth, too.

I perhaps left the best thing you can do for your immune system to last, and that is drink plenty of water. It helps your kidneys clean all the bad things out of your body. It also gets oxygen into your blood and that sends it around the body to all the organs that need it. Doing all these things on a daily basis will improve your immune system no end and give you lots of energy to enjoy yourself, knowing that you're super healthy and ready for anything!

Unit 12

Exercise 1

Speaker: Good evening and welcome to the show. Tonight, we're going to be talking about how to build the perfect immune system. That's the system that protects the body against disease and illness. And like your muscles, it needs to be fed properly to make it strong and effective.

One of the first things you must do is maintain a healthy digestive system. To do this, you need to eat plenty of fresh fruit and vegetables. Try eating lots of differently coloured plant-based foods such as yellow peppers, green lettuce and bright red tomatoes. Don't eat too much meat, though. White meat like chicken is good for you but try to avoid eating too much red meat.

Next, get some good sleep. It has been proved that losing sleep can reduce the ability of the immune system to work properly. Also, good sleep helps the body repair tired and damaged muscle tissue, something that is essential if you're exercising a lot.

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