

Ukraine: Culture Clips

3 Combat Hopak

1 Suggested Answer Key

A martial art is a way of fighting and defending yourself. Karate and judo are two of the most popular martial arts. I don't practise any martial arts but I'd really like to take up combat hopak. It is not only a Ukrainian tradition but it is also something that combines fighting with dancing, which I think is really interesting.

2 a) Suggested Answer Key

Questions I have about combat hopak:

- What is combat hopak?
- Is it difficult to learn?
- Can women and men both study combat hopak?

b)

1 F 2 D 3 A 4 E 5 B

3

1 techniques 3 version 5 skills
2 brainchild 4 train

4 Suggested Answer Key

- 2 Hopak is an ancient fighting technique. (False – Hopak is a traditional Ukrainian Cossack dance.)
3 There are different names for combat hopak. (True)
4 Volodymyr Pylat used to be an expert in another martial art. (True)
5 Pylat realised that some hopak moves looked like some fighting moves. (True)
6 Combat hopak became Ukraine's national sport in the early 1990s. (False. – Combat hopak became Ukraine's national sport in 1997.)
7 There are ten official levels of difficulty in combat hopak. (False – There are seven official levels of difficulty in combat hopak.)
8 It takes two years to get through the first level of difficulty. (True)
9 Combat hopak is only practised in Ukraine. (False – There are combat hopak clubs in Canada, the USA and other countries.)
10 Woman and children can practise combat hopak as well. (True)

5 (Ss' own answers)