

Word List

Unit 1 – In Character

1a

adventurous /əd'ventʃərəs/ (adj) = risk-taking **lubiący przygodę, śmiały, odważny**

arched /ɑ:tʃt/ (adj) = curved **łukowaty, wygięty w łuk**

bossy /'bɒsi/ (adj) = always telling others what to do **władczy, apodyktyczny**

brain /breɪn/ (n) = the organ inside the head that controls the body and feelings **mózg**

brave /breɪv/ (adj) = showing no fear **dzielny, odważny**

brighten up /'braɪtn 'ʌp/ (phr v) = to make sth look newer and more pleasant **ożywiać, rozświetlać, rozjaśniać**

bushy /'buʃi/ (adj) = (of hair, beard, etc) very thick **bujny, gęsty**

calm /kɑ:m/ (adj) = relaxed; not nervous **opanowany, spokojny**

careful /'keəfəl/ (adj) = paying attention to what you are doing **ostrożny, uważny**

charming /tʃɑ:mɪŋ/ (adj) = pleasant and attractive **czarujący, uroczy**

cheerful /tʃiəfəl/ (adj) = joyful and enthusiastic **radosny, wesoly**

chubby /tʃʌbi/ (adj) = a little fat in a pleasant way **pulchny**

clever /'klevə/ (adj) = intelligent **bystry**

confident /kɒnfɪdənt/ (adj) = sure of yourself and your abilities **pewny siebie**

cruel /'kru:əl/ (adj) = heartless; causing suffering **okrutny**

curious /'kjʊəriəs/ (adj) = wanting to know more and always asking questions **ciekawny, zaciekawiony**

curved /kɜ:vəd/ (adj) = slightly rounded **zaokrąglony, zakrzywiony, wygięty**

earlobe /'ɪələʊb/ (n) = the soft part at the bottom of the ear **platek ucha**

elderly /'eldəli/ (adj) = old; past middle-aged **starszy, starszawy**

eyebrow /'aɪbraʊ/ (n) = the thin line of hair above each eye **brew**

famous /'feɪməs/ (adj) = well-known **sławny**

feature /'fi:tʃə/ (n) = a part of your face **cecha charakterystyczna**

forehead /'fɒrɪd/ (n) = the part of the face above the eyebrows **czoło**

friendly /'frendli/ (adj) = pleasant and kind **przyjazny, życzliwy**

funny /'fʌni/ (adj) = humorous **zabawny, śmieszny**

generous /'dʒenərəs/ (adj) = willing to give **hojny, szczodry**

gentle /'dʒentl/ (adj) = calm and kind **delikatny, łagodny**

honest /'ɒnɪst/ (adj) = always telling the truth **uczciwy, szczery**

hooked /'hʊkt/ (adj) = (of a nose) slightly curved **haczykowaty, zakrzywiony**

jealous /'dʒeləs/ (adj) = envious of others **zazdrosny**

judge /dʒʌdʒ/ (v) = to form an opinion about sb/sth **oceniać, osądzać**

kind /kaɪnd/ (adj) = caring about other people **uprzejmy, życzliwy**

lazy /'leɪzi/ (adj) = unwilling to work or make an effort **leniwy**

lip /lɪp/ (n) = each of the two outer parts of the mouth **warga**

look after /'lʊk ɑ:ftə/ (phr v) = to take care of sb/sth **zajmować się, opiekować się**

look for /'lʊk fə/ (phr v) = to try to find **szukać, poszukiwać czegoś**

look forward to /'lʊk 'fɔ:wəd tu/ (phr v) = to expect sth with pleasure **nie móc się doczekać**

look up /'lʊk 'ʌp/ (phr v) = to try to find a word, name, etc in a reference book **szukać (np. definicji w słowniku)**

middle-aged /'mɪdl 'eɪdʒd/ (adj) = between 45 and 65 years old **w średnim wieku**

patient /'peɪʃənt/ (adj) = able to remain calm and not get easily annoyed **cierpliwy**

popular /'pɒpjələ/ (adj) = well-known and liked by many people **popularny, lubiany**

rectangular /'rek'tæŋgʊlə/ (adj) = (of a shape) having two short equal sides, two long equal sides and four right angles **prostokątny**

reliable /rɪ'laɪəbəl/ (adj) = trustworthy **solidny, rzetelny, wiarygodny**

rude /ru:d/ (adj) = not polite **niegrzeczny, nieprzyzwoity**

sensible /'sensəbəl/ (adj) = showing good judgment **rozsądny**

serious /'sɪəriəs/ (adj) = sensible and not joking **poważny**

sociable /'səʊʃəbəl/ (adj) = enjoying being with other people **towarzyski**

tend /tend/ (v) = to be likely to do sth **mieć skłonności**

thick /θɪk/ (adj) = (of eyebrows) not thin; bushy **krzaczasty, gęsty**

violent /'vaɪələnt/ (adj) = using force; aggressive **agresywny, gwałtowny**

1b

by nature (phr) = as a result of inborn or inherent qualities **z natury, z charakteru**

complicated /kəm'plɪkətɪd/ (adj) = involving many different parts; difficult to understand **skomplikowany, złożony**

crew /kru:/ (n) = a film team with special skills **ekipa (osoby pracujące razem)**

fairy tale /'feəri teɪl/ (n) = a fantasy story for children **baśń, bajka (coś zmyślnego)**

glossy /'glɒsi/ (adj) = (of a magazine) printed on shiny high-quality paper **ilustrowany (np. magazyn), wydany na błyszczącym, kredowanym papierze**

physicist /'fɪzɪsɪst/ (n) = a scientist who studies energy, light, natural forces, etc **fizyk**

queue /kju:/ (n) = a line of people waiting for sth **kolejka**

receptionist /rɪ'sepʃənɪst/ (n) = sb whose job is to welcome people in an office/building/hotel **repcjonista, recepcjonistka**

reliable /rɪ'laɪəbəl/ (adj) = trustworthy **solidny, rzetelny, wiarygodny**

strict /strɪkt/ (adj) = tough with rules and discipline **surowy, wymagający**

update /'ʌp'deɪt/ (v) = to revise; to improve **aktualizować**

1c

accessories /ək'sesəriz/ (pl n) = additional outfit items such as hats, belts, jewellery, etc **akcesoria, dodatki**

achievement /ə'tʃi:vmənt/ (n) = an accomplishment **osiągnięcie**

ankle sock /'æŋkəl sɒk/ (n) = a piece of clothing that covers the foot and the ankle **skarpetka do kostki**

beachwear /'bi:tʃweə/ (n) = pieces of clothing that we wear when we go swimming **strój plażowy**

belt /belt/ (n) = a long narrow piece of material worn around the waist **pasek, pas**

blouse /blaʊz/ (n) = a type of shirt for women and girls **damska bluzka**

bow tie /'bəʊ 'taɪ/ (n) = an accessory worn around men's necks that looks like a butterfly **muchka (do koszuli)**

champion /tʃæmpiən/ (n) = an athlete who has won first prize in a sports competition **mistrz**

cross-country skier /krɒs 'kʌntri 'ski:ə/ (n) = an athlete who skis across fields and the countryside **biegacz narciarski, biegaczka narciarska**

fair play /feə 'pleɪ/ (n) = following the rules in sport **czysta gra (bez oszukiwania)**

footwear /'fʊtweə/ (n) = shoes, boots, trainers, etc **obuwie**

ideal /aɪ'diəl/ (n) = a moral standard or principle **ideał, wzór**

inspiring (to sb) /in'spaɪərɪŋ/ (adj) = making people want to try and achieve sth great **inspirujący dla kogoś**

menswear /'menzweə/ (n) = clothing items for men **odzież męska**

participate (in sth) /pɑ:'tɪsɪpeɪt/ (v) = to take part in an activity **brać (w czymś) udział**

polka dot /pɒlkə dɒt/ (n) = each of the dots of a clothes design **kropka (wzór na materiale)**

polo shirt /pəʊləʊ ʃɜ:t/ (n) = a T-shirt with a collar and two or three buttons **koszulka polo**

polo-neck /pəʊləʊ nek/ (adj) = (of a jumper, etc) with a high neck that folds over **golf**

proudly /praʊdli/ (adv) = feeling pleased about sth you have achieved **dumnie, z dumą**

pullover /pʊləʊvə/ (n) = a sweater **pulower, sweter**

regularly /'regjʊləli/ (adv) = frequently **regularnie, systematycznie**

silk /sɪlk/ (adj) = (of clothes) made of a luxurious, delicate, soft type of cloth **jedwabny, wykonany z jedwabiu**

skinny jeans /'skɪni 'dʒi:ɪnz/ (pl n) = a pair of jeans with very narrow legs **jeansy z wąskimi nogawkami**

sportswear /'spɔ:tswɛə/ (n) = clothing items worn when we do sports **odzież sportowa**

stylish /'stɑɪlɪʃ/ (adj) = trendy and attractive **stylowy**

suffer (from sth) /sʌfə/ (v) = to experience sth unpleasant **cierpieć (z powodu czegoś)**

sweatshirt /'swetʃɜ:t/ (n) = a loose piece of clothing for the upper part of the body **bluza, górna część dresu**

tailored suit /teɪləd 'su:t/ (n) = a suit made to fit a specific person's body closely **garnitur szyty na miarę**

tracksuit /'træksu:t/ (n) = the loose trousers and sweatshirt that we wear when we go jogging **dres**

waistcoat /'weɪskəʊt/ (n) = a sleeveless piece of clothing with buttons worn over a shirt **kamizelka (część garnituru)**

womenswear /'wɪmɪnzweə/ (n) = clothing items for women **odzież damska**

Culture 1

checked /tʃekt/ (adj) = (of a cloth pattern) with squares of different colours **w kratkę**

clan /klæn/ (n) = a large family group **klan**

cloth /klɒθ/ (n) = a material for making clothes **tkanina, materiał**

clothing /'klɒðɪŋ/ (n) = items of clothes **odzież**

date back (to) /deɪt 'bæk/ (phr v) = to have existed since a certain time **pochodzić z (jakiegoś okresu w przeszłości)**

event /'i:vent/ (n) = an organised occasion **wydarzenie, zdarzenie**

folds /fəʊldz/ (pl n) = parts of a piece of cloth which overlap one another **fałdy (np. tkaniny)**

funeral /'fju:nərəl/ (n) = a ceremony for burying a dead person **pogrzeb**

ghillie brogues /gɪli 'brəʊgz/ (pl n) = a type of traditional Scottish shoes **tradycyjne szkockie buty noszone do kiltu**

hang /hæŋ/ (v) = to be suspended from sth at a high place **wisieć**

hose /həʊz/ (n) = a pair of knee-high socks **skarpety do kolan**

kilt pin /kɪlt pɪn/ (n) = a special safety pin for holding a Scottish tartan skirt in place **przypinka podtrzymująca kilt**

knee /ni:/ (n) = the joint that connects the upper and lower parts of the leg **kolano**

occasion /ə'keɪʒən/ (n) = an important event or celebration **okazja, wydarzenie**

pattern /'pætən/ (n) = a design on clothes **wzór, desień, motyw ozdobny**

pleats /pli:t/ (pl n) = the folds in a piece of clothing **plisy, fałdy (np. w spodnicy)**

pouch /paʊtʃ/ (n) = a small bag made of cloth **sakiewka, mała torba**

put on /'pʊt 'ɒn/ (phr v) = to wear clothes/shoes **zakładać, nakładać**

sporrán /'spɔ:rən/ (n) = a men's pouch hanging in front of the Scottish kilt **futrzana torebka (element szkockiego stroju narodowego)**

unlike /ʌn'laɪk/ (prep) = being different from sth **niepodobny, zupełnie inny**

wedding /'wedɪŋ/ (n) = a marriage ceremony **ceremonia ślubna**

break a code (phr) = to decode a message **złamać kod, rozszyfrować**

break down /breɪk 'daʊn/ (phr v) = (of cars, engines, etc) to stop working **zepsuć się**

break into /breɪk 'ɪntə/ (phr v) = to get into a building, etc to steal sth **włamać się gdzieś**

break out /breɪk 'aʊt/ (phr v) = (of wars, fires, storms, etc) to begin suddenly **zacząć się gwałtownie, wybuchnąć**

break up /breɪk 'ʌp/ (phr v) = 1) (of schools) to stop for holidays; 2) to end a relationship **1) kończyć wakacjami; 2) rozstać się, zerwać ze sobą**

clever /klevə/ (adj) = done in a way that shows skill, intelligence and inventiveness **bysty**

comedy /kɒmədi/ (n) = a book intended to be funny **komedja**

complicated /kɒmplɪkeɪtɪd/ (adj) = hard to understand; involving lots of different parts **skomplikowany, złożony**

confusing /kən'fju:zɪŋ/ (adj) = unclear and difficult to understand **niejasny, dezorientujący**

crime fiction /kraɪm/ (n) = a book about a detective and the way they solve a mystery **powieść kryminalna**

depressed /dɪ'prest/ (adj) = sad and unable to enjoy anything **przygnębiony, zasmucony**

difficult to read (phr) = (of a book, etc) hard to follow or understand **(np. o książce) trudna w odbiorze**

dull /dʌl/ (adj) = boring; uninteresting **nudny, nieciekawny**

easy to read (phr) = (of a book, etc) requiring little effort to follow or understand **(np. o książce) łatwa w odbiorze**

Unit 2 – Reading Time

2a

action and adventure /ækʃən ənd əd'ventʃə/ (n) = a book full of dangerous and exciting situations **akcja i przygoda**

amusing /ə'mju:zɪŋ/ (adj) = entertaining **zabawny, rozśmieszający**

bestseller /'bestselə/ (n) = a book that has sold a lot of copies **hit, bestseller (np. książka)**

biography /baɪ'ɒgrəfi/ (n) = a book about the life of a famous person **biografia**

Word List

educational /ˈedʒuːkeɪʃənəl/ (adj) = informative; teaching you sth **edukacyjny, pouczający**

epic /ˈepɪk/ (n) = a book, poem or film relating to a long story about great events, usually of historical significance **epopeja, epos**

exciting /ɪkˈsaɪtɪŋ/ (adj) = thrilling **pasjonujący, ekscytujący, emocjonujący**

expert (at sth) /ˈɛkspɜːt/ (adj) = very knowledgeable about sth **biegły, wprawny (w czymś)**

fantasy /ˈfæntəsi/ (n) = a book based on imagination, not facts **powieść fantastyczna**

full of action (phr) = with plenty of exciting events **pełen wydarzeń**

health guide /helθ/ (n) = a book or manual that provides information about medicine and well-being **poradnik medyczny**

history book /hɪstəri/ (n) = a book on the past events of a nation, etc **książka historyczna**

horror /hɒrə/ (n) = a book featuring scary situations and characters **horror**

impossible to put down (phr) = (of a book) so interesting that you cannot stop reading **wciągający, fascynujący**

interesting /ɪntərəstɪŋ/ (adj) = that attracts your attention **interesujący, ciekawy**

look (at sth) /lʊk/ (v) = to direct your eyes at sth **popatrzeć, spojrzeć na coś**

main /meɪn/ (adj) = leading **główny**

missing /ˈmɪsɪŋ/ (adj) = (of a person) lost **zaginiony (o osobie)**

mystery novel /mɪstəri/ (n) = a book that is about unsolved crimes or puzzling events **powieść sensacyjna, kryminalna**

original /əˈrɪdʒɪnəl/ (adj) = new; innovative **oryginalny, nowy, świeży (np. pomysł)**

powerful /ˈpaʊəfəl/ (adj) = having a strong effect on people **wpływowo, mocny**

realistic /rɪəˈlɪstɪk/ (adj) = seeming real **realistyczny**

romance /rəʊˈmæns/ (n) = a book about a love story **romans**

rule /ru:l/ (v) = to govern **sprawować władzę, rządzić**

scary /skeəri/ (adj) = frightening **straszny, przerażający**

science book /saɪəns/ (n) = a book on a subject such as physics, chemistry, biology, etc **książka popularnonaukowa**

science fiction /saɪəns ˈfɪkʃən/ (n) = a book set in an imaginary future, involving science, space and technology **fantastyka naukowa**

secret code /ˈsiːkrət ˈkəʊd/ (n) = a system of words, numbers, symbols, etc for transmitting messages that only certain people will be able to reveal the hidden meaning of **tajny kod**

see /si:/ (v) = to become aware of sth by using your eyes **zobaczyć, zauważyć**

serious /ˈsɪəriəs/ (adj) = important **poważny, ważny**

settle down /setl ˈdaʊn/ (phr v) = to sit on a sofa, in an armchair, etc in a comfortable position to do sth **rozłożyć się (np. w fotelu)**

silly /sɪli/ (adj) = not serious **głupi, głupkowaty**

spaceship /ˈspeɪsʃɪp/ (n) = a vehicle that travels in space **statek kosmiczny**

textbook /ˈtekstbʊk/ (n) = a book with facts about a school subject **podręcznik**

thriller /ˈθrɪlə/ (n) = an exciting book about criminal activities **thriller, dreszczowiec**

throne /θrəʊn/ (n) = a king's or queen's chair **tron**

totally /təʊtli/ (adv) = completely **całkowicie, zupełnie**

travel guide /trævəl/ (n) = a book with relevant information about a place intended for tourists **przewodnik turystyczny**

unbelievable /ˌʌnbɪˈliːvəbəl/ (adj) = incredible; amazing **nieprawdopodobny, niewiarygodny**

unlikely /ˌʌnˈlaɪkli/ (adj) = not expected **niezwykły, nieprawdopodobny**

watch /wɒtʃ/ (v) = to pay attention to sb or sth for a period of time **ogłądać, obserwować**

2b

blow /bləʊ/ (v) = (of the wind) to move **wiać, dmuchać**

breeze /briːz/ (n) = a light and pleasant wind **bryza, wiatr**

crash (against sth) /kræʃ/ (v) = (of waves) to hit sth with great force in a way that makes a lot of loud noise **zderzyć się z czymś**

get rough (phr) = (of the sea) to start moving a lot in a violent and unpredictable way **wzburzyć się**

grab /græb/ (v) = to take hold of sth/sb suddenly **chwycić, łapać**

hang out /hæŋ ˈaʊt/ (phr v) = to spend time relaxing somewhere with sb or by yourself **miło spędzać czas**

lower /ləʊə/ (v) = to move sth downwards carefully **obniżyć, zniżyć**

river bank /rɪvə bæŋk/ (n) = the edge of the river where it meets the land **brzeg rzeki**

sail /seɪl/ (v) = to control a boat, ship, etc through water **żeglować**

sail /seɪl/ (n) = the piece of cloth on the mast of a boat/ship which helps it to move forward when the wind blows **żagiel**

share (sth with sb) /ʃeə/ (v) = to have or use sth with sb else **dzielić (coś z kimś)**

shower /ˈʃaʊə/ (n) = the act of bathing when you stand under a spray of water **prysznic**

sink /sɪŋk/ (v) = to disappear below the surface of water **tonąć, zatopić**

wave /weɪv/ (n) = a large raised mass of water which moves across the surface of the sea **fala**

2c

amazed /əˈmeɪzd/ (adj) = filled with great surprise **zdumiony, zadziwiony**

annoyed /əˈnɔɪd/ (adj) = angry about sth **rozdrażniony, poirytowany, zdenerwowany**

bored /bɔːd/ (adj) = fed up **znudzony**

close to tears (phr) = about to cry **bliski łez, bliski płaczu**

confused /kənˈfjuːzd/ (adj) = unable to understand sth **zdezorientowany, zmieszany, zagubiony**

disappointed /dɪsəˈpɔɪntɪd/ (adj) = sad at not getting what you hoped for **rozczarowany, zawiedziony**

embarrassed /ɪmˈbærəst/ (adj) = feeling self-conscious or ashamed **zakłopotany, zawstydzony, speszony**

forest /ˈfɒrɪst/ (n) = a large area of land covered with trees **las**

joke /dʒəʊk/ (v) = to say sth amusing **żartować**

miserable /ˈmɪzərəbəl/ (adj) = sad; unhappy **smutny, przygnębiony, ponury**

nervous /ˈnɜːvəs/ (adj) = filled with or showing anxiety **zdenerwowany, nerwowy**

pull over /ˌpʊl ˈəʊvə/ (phr v) = to move a vehicle to the side of the road and stop it **zatrzymać się na poboczu, zjeżdżać na bok**

relieved /rɪˈliːvd/ (adj) = no longer worried **odczuwający ulgę**

scared /skeəd/ (adj) = frightened **wystraszony, przestraszony**

shake /ʃeɪk/ (v) = to tremble **trząść się, drżeć**

terrified /terə'faɪd/ (adj) = very frightened **przerażony, przestraszony**

Culture 2

a link in the chain (idm) = each of the stages that make up a process or a series of events **ogniwo łańcucha**

circumstances /'sɜːs/ (pl n) = conditions which affect a situation **okoliczności**

collection /kə'leɪʃən/ (n) = a group of things put together **kolekcja**

detective /dɪ'tektɪv/ (n) = an investigator of a crime, etc **detektyw**

finest /'faɪnst/ (adj) = (of clothes) most stylish **najlepszy, najwyższej jakości**

ignore /ɪg'nɔː/ (v) = to not pay attention to **ignorować, nie zwracać uwagi**

intelligence /ɪn'telɪdʒəns/ (n) = cleverness **inteligencja, intelekt**

moustache /mə'staːʃ/ (n) = the hair that grows on a man's upper lip **wąsy**

popular /'pɒpjələ/ (adj) = liked by a lot of people; well-known **popularny, lubiany**

proper /'prɒpə/ (adj) = correct **odpowiedni, właściwy**

rush /rʌʃ/ (v) = to move quickly towards sb/a place **pedzić, bieć**

tragedy /'trædʒədi/ (n) = a shocking or very sad event **tragedia**

unlock /ʌn'lɒk/ (v) = to open the lock of sth **otworzyć (np. kluczem)**

Unit 3 – All around the world

3a

classic /'klæsɪk/ (adj) = traditional **klasyczny, typowy**
come across /kʌm ə'krɒs/ (phr v) = to happen to see sth **natknąć się, napotkać**

early /'ɜːli/ (adj) = near the beginning of a time period **wczesny**

journey /dʒɜːni/ (n) = the act of travelling from one place to another **podróż**

old-fashioned /əʊld 'fæʃənd/ (adj) = not modern **staromodny, w starym stylu**

platform /'plætfɔːm/ (n) = a flat structure **platforma**

railway track /'reɪlweɪ træk/ (n) = a railway line **tor kolejowy**

rainforest /'reɪmfɔːrɪst/ (n) = a forest in a tropical area where it rains a lot **las tropikalny, deszczowy**

reed boat /'riːd ,bəʊt/ (n) = a boat made from a plant like tall marsh grass **łódź zrobiona z trzciny**

reindeer sled /'reɪndɪə ,sled/ (n) = a small snow vehicle pulled by an animal like a big deer **sanie ciągnięte przez renifera**

ride /raɪd/ (n) = a trip in a vehicle **jazda, przejazd, przejażdżka**

run after /'rʌn ə'ftə/ (phr v) = to chase sb/sth **gonić za (kimś lub czymś)**

run into /'rʌn ɪntə/ (phr v) = to meet sb by chance **spotkać kogoś przypadkiem**

run out of /'rʌn 'aʊt əv/ (phr v) = to have no more of sth **wyczerpać coś**

run over /'rʌn əʊvə/ (phr v) = to hit sb/sth with a car, etc **przejechać kogoś/coś**

set up /'set 'ʌp/ (phr v) = to prepare the equipment that will be needed for an activity **organizować, przygotowywać**

shine /ʃaɪn/ (v) = to glow **świecić**
toboggan /tə'bɒɡən/ (n) = a type of sled without skis for sliding over snow or other slippery surface **sanki**

travel /'trævəl/ (n) = the activity of going to places, usually far away **podróż**

trip /trɪp/ (n) = a short journey; an excursion **wycieczka, krótka podróż**

uniform /'juːnɪfɔːm/ (n) = a special set of clothes that some people have to wear at work **mundur, uniform**

wheel /wiːl/ (n) = each of the round objects under a vehicle for moving it **koło (np. w samochodzie)**

whizz /wɪz/ (v) = to move very fast, usually making a sound **przelecieć ze świstem**

zip-line tour /'zɪp laɪn ,tuə/ (n) = a visit to a forest, river, valley, etc hanging from a wire with special equipment **ogłądanie krajobrazów na zjeździe tyrolskim**

3b

award /ə'wɔːd/ (n) = a prize **nagroda**

customer /'kʌstəmə/ (n) = sb who buys goods or services from a shop, company, etc **klient**

destination /ˌdestɪ'neɪʃən/ (n) = the place to which sb is going **cel podróży, miejsce przeznaczenia**

details /di'teɪlz/ (pl n) = information **szczegóły**

fairytale land (phr) = a very beautiful place **bajkowa kraina**

freeze /friːz/ (v) = (of water) to become ice **zamarzać**

hurricane /'hʌrɪkən/ (n) = a severe storm moving over water **huragan**

move forward /'muːv 'fɔːwəd/ (phr v) = to leave sth behind and get on with life **iść do przodu (po porażce)**

no doubt (phr) = surely **niewątpliwie**

reach /ri:tʃ/ (v) = to arrive somewhere **dojechać, dotrzeć**

since records began (phr) = since the time when people started collecting data on a subject **odkąd prowadzone są pomiary**

weaken /'wiːkən/ (v) = to become less strong **słabnąć, opadać z sił**

3c

arrivals /ə'reɪvəlz/ (pl n) = (at an airport) the place for passengers who have just got off the plane **przyloty (na lotnisku)**

baggage /'bæɡɪdʒ/ (n) = a passenger's bags and suitcases **bagaż**

baggage reclaim /'bæɡɪdʒ rɪ'kleɪm/ (n) = (at an airport) the place for passengers to collect their bags and suitcases after their flight **miejsce odbioru bagażu**

boarding pass /'bɔːdɪŋ pɑːs/ (n) = a passenger's card for getting on a plane **karta pokładowa**

check-in /tʃek ɪn/ (n) = (at an airport) the desk where passengers leave their baggage and collect their boarding pass **stanowisko odprawy**

customs /'kʌstəmz/ (pl n) = the place where passengers' baggage is checked on entering a foreign country **odprawa celna**

deliver /dɪ'lɪvə/ (v) = to take sth to a person or place **dostarczać, doręczać**

departures /dɪ'pɑːtʃəz/ (pl n) = (at an airport) the place for passengers waiting to board a plane **odloty (na lotnisku)**

duty-free /dʒuːti 'friː/ (n) = (at an airport) the place with shops where passengers can buy goods without tax **strefa wolnocłowa**

fantasy /'fæntəsi/ (n) = an imaginary situation; imagination **fantazja, zachcianka, marzenie**
information /ɪn'fɔːmeɪʃən/ (n) = facts and details about sb/sth **informacja, informacje**

luggage /'lʌɡɪdʒ/ (n) = a passenger's bags and suitcases **bagaż**

luggage receipt number (phr) = the number of a baggage tag that a passenger is given at the check-in desk **kwit bagażowy**

Word List

passenger /ˈpæsəndʒə/ (n) = sb who travels on a bus, plane, etc **pasażer**

passport control /ˈpaspɔ:t kəntrəʊl/ (n) = (at an airport) the place where authorities check passengers' passports **kontrola paszportowa**

strap /stræp/ (n) = a narrow piece of material for fastening or carrying things **pasek**

Culture 3

amusing /ə'mju:zɪŋ/ (adj) = entertaining **zabawny, rozśmieszający**

at the bottom of sth (phr) = at the lowest part of sth **na spodzie, na dole czegoś**

bold /bəʊld/ (adj) = (of colours) very strong **odważny, krzykliwy**

change /tʃeɪndʒ/ (v) = to get off one means of transport and onto another **przesiadać się**

confusing /kən'fju:zɪŋ/ (adj) = difficult to understand **niejasny, dezorientujący**

curve /kɜ:v/ (n) = a bend in a river, a road, a railway line, etc **zakręt, łuk, wygięcie**

diamond /daɪəmənd/ (n) = a shape with four sides and two sharp ends **romb**

line /laɪn/ (n) = a railway track **linia kolejowa**

straight /streɪt/ (adj) = not curved **prosty**

symbol /sɪmbəl/ (n) = sth that represents a place or idea **symbol**

underground railway /ˌʌndəgraʊnd ˌreɪlweɪ/ (n) = a railway system under the earth's surface **metro**

Values A: Philanthropy

announce /ə'naʊns/ (v) = to make a public statement about sth **ogłaszać, oznajmiać, obwieszczać**

borrow /bɒrəʊ/ (v) = to take sth which you are expected to return at a later time **pożyczać coś od kogoś**

fortune /'fɔ:tʃən/ (n) = a large amount of money and wealth **fortuna, majątek**

invest /ɪn'vest/ (v) = to put money into sth **inwestować**

project /prɒdʒekt/ (n) = a detailed study on sth in order to build or make it **projekt**

Public Speaking Skills A

cheeky /tʃi:ki/ (adj) = rather impolite **bezzelny**

confidently /kɒnfɪdəntli/ (adv) = in a way that shows that you feel sure about your own abilities, ideas, etc **pewnie, z wiarą w siebie**

fairy /feəri/ (n) = a female imaginary creature with wings that has magical powers **wróżka**

independent spirit (phr) = sb who is confident and able to do things by himself/herself, and who doesn't rely on other people's opinions **niezależna osoba**

nurse /nɜ:s/ (n) = sb whose job is to look after sick people in a hospital **pielęgniarka**

trunk /trʌŋk/ (n) = the body of the tree without its branches **pień**

Unit 4 – Hard Times

4a

active /æktɪv/ (adj) = always enjoying doing things **aktywny, ruchliwy, czynny**

afford /ə'fɔ:d/ (v) = to have enough money to be able to do sth **pozwalać sobie na coś, mieć na coś pieniądze**

anxious (about sth) /æŋkʃəs/ (adj) = worried about sth **zaniepokojony (czymś), pełen obaw (o coś)**

attract /ə'trækt/ (v) = to cause people to come to a place **przyciągać (np. ludzi)**

become unemployed (phr) = to lose one's job **zostać bezrobotnym**

believe (in sb/sth) /brɪli:v/ (v) = to be certain that sb/sth is effective and reliable **wierzyć (w kogoś/coś)**

bill /bɪl/ (n) = a piece of paper showing the money you owe for goods or services **rachunek**

cause /kɔ:z/ (n) = the reason why sth happens **przyczyna, powód**

CV /si 'vi:/ (n) = a written statement of sb's education and work experience **życiorys zawodowy, CV**

day care /deɪ keə/ (n) = the supervision provided to babies/young children when their parents are at work **opieka nad dzieckiem**

divorce /dɪ'vɔ:s/ (n) = the end of a marriage by law **rozwód**

financial problem (phr) = lack of money **problem finansowy, brak pieniędzy**

fundraising event /'fʌndreɪzɪŋ ɪvent/ (n) = an event for collecting money for a charity **wydarzenie organizowane w celu zebrania pieniędzy**

give up /gɪv 'ʌp/ (phr v) = to stop hoping or trying **poddać się, zrezygnować**

illness /ɪl'nəs/ (n) = a disease **choroba**

let sb go (phr) = to tell sb to leave their job **pozwolić komuś odejść**

miserable /mɪzərəbəl/ (adj) = very unhappy **smutny, przygnębiony, ponury**

miss /mɪs/ (v) = to be unable to take advantage of (an opportunity) **ominać, przegapić**

move house (phr) = to leave present home and go to live in a different one **przeprowadzić się**

personal information (phr) = details about yourself such as name, address, date of birth, etc **dane osobowe**

pile up /paɪl 'ʌp/ (phr v) = to accumulate **gromadzić się, piętrzyć się**

positive attitude (phr) = feeling hopeful and confident that things will be OK **pozytywne nastawienie**

professional networking site (phr) = a website that connects people with potential employers **strona internetowa przeznaczona do nawiązania i utrzymania kontaktów zawodowych**

promotion /prə'məʊʃən/ (n) = getting a more important position in your job **awans**

proud (of sth) /praʊd/ (adj) = very pleased about sth you have done **być dumnym z czegoś**

quit /kwɪt/ (v) = to leave a job **odchodzić, rezygnować**

reason /ri:zən/ (n) = the fact why sth happens **powód, przyczyna**

retire /rɪ'taɪə/ (v) = to stop working because of old age **przejsć na emeryturę**

separation /sepə'reɪʃən/ (n) = a husband and wife living separately **separacja, rozłąka**

serious injury (phr) = suffering severe physical or mental harm **poważny uraz**

start a new job (phr) = to find a new job and begin to work there **zacząć nową pracę**

take after /teɪk ɑ:ftə/ (phr v) = to have the same appearance or character as sb **być podobnym do kogoś, wdać się w kogoś**

take exams (phr) = to sit examinations **pisać egzaminy**

take off /teɪk 'ɒf/ (phr v) = 1) to remove clothes; 2) (of planes) to leave the ground **1) zdjąć (np. ubranie); 2) startować (o samolocie)**

take over /teɪk 'əʊvə/ (phr v) = to gain control of sth **objąć, przejąć**

take up /teɪk 'ʌp/ (phr v) = 1) to begin a hobby, sport, etc; 2) to fill (time, space) **1) zacząć (np. uprawiać sport); 2) zajmować czas, miejsce**

think /θɪŋk/ (v) = to have a certain opinion about sb/sth **uważać, myśleć, sądzić**

useful /ju:sfəl/ (adj) = that can help or serve a purpose **użyteczny, przydatny**

volunteer /ˌvɒləntɪə/ (v) = to offer to work without getting paid **zgłosić się na ochotnika**

4b

audience /ˈɔːdiəns/ (n) = a group of people watching a play, a film, a concert, etc

publiczność, widownia

backpacking /ˈbæk.pækɪŋ/ (n) = travelling with little money and a bag on your back **podróżowanie z plecakiem**

change of plan (phr) = a different decision **zmiana planu**

crowd /kraʊd/ (n) = a large number of people together **tłum**

dentist /ˈdentɪst/ (n) = the doctor who takes care of people's teeth **dentysta, dentystka**

exhibition /ˌeksɪˈbɪʃən/ (n) = a public show of paintings, sculptures, photographs, etc **wystawa (np. w muzeum)**

fall asleep (phr) = to start sleeping **zasnąć, zasypiać**

fear (of sth) /fiə/ (n) = the feeling of being afraid of sth **strach (przed czymś)**

landing /ˈlændɪŋ/ (n) = (of a plane) returning to the ground **lądowanie**

opening ceremony /ˌəʊpənɪŋ ˈserəməni/ (n) = a formal social event marking the beginning of sth **ceremonia otwarcia**

surgery /ˈsɜːdʒəri/ (n) = a doctor's office **gabinet lekarski**

take-off /teɪk ɒf/ (n) = (of a plane) departure **start samolotu**

text /tekst/ (v) = to send a message on a mobile phone **wysłać wiadomość tekstową**

4c

anxiety /æŋˈzaɪəti/ (n) = worry; nervousness **niepokój, obawa**

avoid (doing sth) /əˈvɔɪd/ (v) = to choose not to do sth **unikąć (robienia czegoś)**

breathe /briːð/ (v) = to let air into and out of the lungs **oddychać**

bug /bʌg/ (n) = a small insect **insekt, robak**

change /tʃeɪndʒ/ (v) = to make sth different **zmieniać, odmieniać**

closed space (phr) = a place with blocked entry or exit **zamknięta przestrzeń**

consider /kənˈsɪdə/ (v) = to take into account **rozważać, brać pod uwagę**

control my fear (phr) = to be able to remain calm and not get afraid **panować nad swoim strachem**

damage /ˈdæmɪdʒ/ (v) = to cause harm to sth **niszczyć, uszkodzić**

deal with /diːl wɪð/ (phr v) = to try to solve a problem **radzić sobie z czymś, mieć z czymś do czynienia**

develop /dɪˈveləp/ (v) = to start suffering from an illness **zachorować na**

empty /ˈempti/ (v) = (of a place) to get abandoned **pustoszyć**

face my fears (phr) = to confront and overcome my fears of certain things **stawić czoła własnym lękom**

feel (terribly) sick (phr) = to be very ill **czuć się okropnie**

flying /ˈflaɪɪŋ/ (n) = travelling by air **latanie**

focus (on sb/sth) /ˈfəʊkəs/ (v) = to give my attention to sb/sth **skupiać się (na kimś/czymś)**

freeze /friːz/ (v) = to stop moving completely **zastygać w bezruchu**

freeze up /ˈfriːz ˈʌp/ (phr v) = to not be able to say sth because you feel uncomfortable **zamilknąć**

height /haɪt/ (n) = a high place **wysokość**

hurt /hɜːt/ (v) = to cause pain or injury to sb **zranić, sprawiać ból**

metre /ˈmiːtə/ (n) = 100 centimetres **metr (miarą)**

my hair stands on end (idm) = I feel extremely frightened **włos jeży mi się na głowie, włosy stanęły mi dęba**

my hands sweat (phr) = my hands are covered with drops of liquid coming out through the skin **ręce mi się pocą**

my heart beats faster (phr) = my heart moves more quickly than normal **moje serce bije szybciej**

my mouth goes dry (phr) = my mouth loses all its liquid (due to great fear) **zasycha mi w ustach**

pessimistic /ˌpesəˈmɪstɪk/ (adj) = thinking that only bad things will happen **pesymistyczny**

phobia /ˈfəʊbiə/ (n) = an extreme and unreasonable fear **fobia, lęk**

presentation /ˌprezənˈteɪʃən/ (n) = a piece of work that you show to other people **prezentacja**

professional help (phr) = assistance from an expert **fachowa pomoc**

public speaking /ˌpʌblɪk ˈspiːkɪŋ/ (n) = the act of giving a speech to an audience **wystąpienie publiczne**

realise /ˈriːəlaɪz/ (v) = to understand correctly **zdać sobie sprawę z czegoś, uświadamiać sobie coś**

run a mile (idm) = to do my best to avoid sth **uciekać najdalej jak się da**

safety equipment /ˈseɪfti ɪˌkwɪpmənt/ (n) = all the clothes, tools, machines, etc necessary for protection **wyposażenie ochronne**

shake like a leaf (phr) = to tremble a lot (due to great fear) **trząść się jak osika**

smell /smel/ (v) = to give off a certain smell **wąchać, pachnieć, wydzielać zapach**

stay /steɪ/ (v) = to remain in a place for some time **zatrzymać się**

storm /stɔːm/ (n) = bad weather with lightning, thunder and heavy rain **burza, nawałnica**

sympathise (with sb) /ˌsɪmpəˈθaɪz/ (v) = to show that you can understand sb's bad feelings **współczuć, komuś**

tip /tɪp/ (n) = a piece of advice **wskazówka, rada**

wet /wet/ (v) = to cover or soak sth in water **zwilżyć, zmoczyć**

Culture 4

brave /breɪv/ (adj) = courageous **odważny**

bug /bʌg/ (n) = a small insect **insekt, robak**

creepy-crawly /ˈkriːpi ˈkrɔːli/ (n) = a small insect that can scare you **robak, robactwo**

exciting /ɪkˈsaɪtɪŋ/ (adj) = very interesting **pasjonujący, ekscytujący, emocjonujący**

forget /fəˈɡet/ (v) = to not remember sth **zapominać**

giant /dʒaɪənt/ (adj) = very big **gigantyczny**

highlight /ˈhaɪlaɪt/ (n) = the most interesting part of an event **główna atrakcja**

host /həʊst/ (v) = to provide the place and facilities for an event **być gospodarzem**

local /ləʊkəl/ (adj) = living in the area that we're talking about **lokalny, miejscowy**

rare /reə/ (adj) = scarce; unusual **rzadki**

sample /ˈsɑːmpəl/ (n) = a small amount of sth for testing **próbka**

up close /ʌp kləʊs/ (adv) = from a close distance **z bliska, z bliskiej odległości**

wonder /ˈwʌndə/ (v) = to ask myself about sth **zastanawiać się**

Unit 5 – Citizen 2100

5a

alone /əˈləʊn/ (adj) = without anyone else **samotny, samotna**

Word List

charging station /ˈtʃɑːdʒɪŋ ˌsteɪʃən/ (n) = a place that supplies electric power for recharging electric vehicles **stacja ładowania samochodów elektrycznych**

come across /kʌm əkrɒs/ (phr v) = to meet/find sb/sth by chance **natknąć się, napotkać**

come back /kʌm ˈbæk/ (phr v) = to return **wracać, powracać**

come into /kʌm ɪntə/ (phr v) = to inherit **dziedziczyć, dostać w spadku**

come over /kʌm ˈəʊvə/ (phr v) = to visit **przyjeżdżać, wpadać**

come round /kʌm ˈraʊnd/ (phr v) = to visit **przyjść, wpaść z wizytą**

construct /kənˈstrʌkt/ (v) = to build sth **budować, konstruować**

create /kriˈeɪt/ (v) = to generate sth **tworzyć**

crowded /kraʊdɪd/ (adj) = with too many people **zatłoczony**

deliver /dɪˈlɪvə/ (v) = to take sth to a particular place or person **dostarczać, doręczać**

drone delivery /ˈdrəʊn dɪˌlɪvəri/ (n) = bringing goods to sb's place using a small, remote-controlled aircraft **dostawa przy pomocy drona**

floating /ˈfləʊtɪŋ/ (adj) = that can stay on the surface of a liquid **pływający, unoszący się na powierzchni**

improve /ɪmˈpruːv/ (v) = to make sth better **poprawiać, ulepszać, udoskonalać**

increase /ɪnˈkriːs/ (v) = to become bigger in amount **wzrastać, przerastać**

lonely /ˈləʊnli/ (adj) = sad because of being alone **samotny, samotna**

perfect /pɜːfɪkt/ (adj) = ideal **perfekcyjny, doskonały**

produce /prəˈdjuːs/ (v) = to make sth **produkować, tworzyć**

provide (sth to sb) /prəˈvaɪd/ (v) = to supply sth to sb; to make sth available to sb **dostarczać, zapewniać (coś komuś)**

reduce /rɪˈdjuːs/ (v) = to make sth less in amount **redukować, obniżyć**

self-driving bus (phr) = a large vehicle without a driver that can carry a lot of passengers **samojezdny autobus**

solar window /ˌsəʊlə ˈwɪndəʊ/ (n) = a window which has a panel to absorb the sun's rays and generate electric power **okna wyposażone w panele słoneczne**

take up space (phr) = to occupy a certain amount of an area **zajmować, zabierać miejsce**

3D-printed /θriː ˈdiː ˌprɪntɪd/ (adj) = produced with the use of a machine in a three-dimensional form **wydrukowane na drukarce 3D**

traffic jam /ˈtræfɪk ˌdʒæm/ (n) = a big number of vehicles unable to move, or moving very slowly **korek drogowy, zator**

transport /trænˈspɔːt/ (v) = to take people or goods from one place to another **transportować, przewozić**

vacuum tube train /ˌvækjuəm ˈtjuːb treɪn/ (n) = a high-speed train that travels on a magnetic track through a tunnel from which air has been removed **superszybki pociąg poruszający się w rurze próżniowej**

vertical farm (phr) = each portion of land for raising crops one on top of the other in a skyscraper **pionowe gospodarstwo rolne**

5b

install /ɪnˈstɔːl/ (v) = to put sth into position and make it ready for use **instalować, umieszczać**

pick up /pɪk ˈʌp/ (phr v) = to collect sb from a place in a car, etc **odebrać kogoś, zabrać kogoś (samochodem)**

project-based /ˈprɒdʒekt ˌbeɪst/ (adj) = (of homework) mainly involving careful study and research of a specific subject **oparty na metodzie projektu**

sales department /ˈseɪlz dɪˌpɑːtmənt/ (n) = the department of a firm in charge of selling its products or services **dział sprzedaży**

VR headset /ˌviː ˈɑː ˌhedset/ (n) = a device with which a user covers his/her eyes and its computer technology enables him/her to physically experience imaginary worlds **zastaw do wirtualnej rzeczywistości**

wish sb luck (phr) = to tell sb that you hope they will be successful **życzyć komuś powodzenia**

5c

advanced technology (phr) = cutting-edge machinery and equipment **zaawansowana technologia**

affordable /əˈfɔːdəbəl/ (adj) = reasonably priced **w przystępnej cenie**

body function /ˈbɒdi ˌfʌŋkʃən/ (n) = a series of operations that each organ of the body performs **czynność życiowa**

contract /ˈkɒntrækt/ (n) = a written agreement between an employer and an employee **kontrakt, umowa**

crime /kraɪm/ (n) = illegal activities in general punished by law **przestępczość**

criminal /ˈkrɪmɪnəl/ (n) = sb who does sth illegal **przestępca, kryminalista**

cure /kjʊə/ (n) = a medicine or therapy that makes sb healthy again **lekarstwo, lek**

disabled /dɪsˈeɪbld/ (adj) = physically or mentally impaired **niepełnosprawny**

elderly /ˈeldəli/ (adj) = old **starszy, w podeszłym wieku**

gain weight (phr) = to become heavier **przytyć, przybrać na wadze**

health care /heɪθ keə/ (n) = the medical services of a country or region **opieka zdrowotna, opieka medyczna**

heart disease /ˈhɑːt dɪˌziːz/ (n) = a medical condition in which the organ of the body that pumps blood does not work normally **choroba serca**

medical attention (phr) = getting treatment from a doctor **opieka lekarska**

monitor /ˈmɒnɪtə/ (v) = to keep track of sth **obserwować, monitorować**

obesity /əʊˈbiːsəti/ (n) = the state of being unhealthy overweight **otyłość**

pollution levels (phr) = the amounts of harmful substances released in the air that cause harm to the environment **poziomy zanieczyszczenia**

poverty /ˈpɒvəti/ (n) = the state of being extremely poor **bieda, ubóstwo**

regular /ˈregjʊlə/ (adj) = ordinary **normalny, zwykły**

soil /sɔɪl/ (n) = the top layer of the earth in which plants grow **gleba, ziemia**

space travel /speɪs ˌtrævl/ (n) = a journey outside the Earth's atmosphere **podróż kosmiczna**

suffer (from sth) /sʌfə/ (v) = to experience pain or unpleasant emotions **cierpieć (na coś)**

surgery /ˈsɜːdʒəri/ (n) = an operation **operacja**

wearable device /ˌweərəbəl dɪˈvaɪs/ (n) = a gadget such as a smart watch, etc that you can put on your wrist or other parts of your body **urządzenie, które nosi się na sobie (np. smartwatch)**

Culture 5

access (information, etc)

/ˈæksɪs/ (v) = to find and obtain sb's information, etc **mieć dostęp (do informacji itp.)**

alien /ˈeɪliən/ (n) = a creature from outer space **istota pozaziemska, obcy**

alien invasion /ˈeɪliən ɪnˌveɪʒən/ (n) = creatures from outer space entering another planet, such as the Earth, by force **inwazja obcych**

attack /əˈtæk/ (v) = to use violence in order to do harm to a person or place **atakować, napadać, nacierać**

automatic door /ˌɔ:təmætɪk ˈdɔː/ (n) = a door that opens and closes by itself **drzwi automatyczne**

clear /kliə/ (adj) = easy to understand **rozumiały, przejrzysty**

latest /ˈleɪtəst/ (adj) = the most recent **najnowszy, najświeższy**

military vehicle /ˌmɪlɪtəri ˈviːɪkəl/ (n) = any means of transport used by the armed forces **pojazd wojskowy**

nuclear bomb /ˌnjuːkliə ˈbɒm/ (n) = an atomic or hydrogen bomb **bomba nuklearna**

predict /prɪˈdɪkt/ (v) = to make a guess about what will happen in the future **przewidywać, przepowiadać**

satellite /ˈsætəlaɪt/ (n) = an electronic device sent into space that moves round the Earth and is used for electronic communications **satelita**

tap /tæp/ (v) = to hit sth lightly and repeatedly **stukać, pukać**

task /tɑːsk/ (n) = an assigned job **zadanie do wykonania**

virtual assistant /ˌvɜːtʃuəl əˈsɪstənt/ (n) = a digital assistant that responds to voice commands **wirtualny asystent głosowy**

voice-activated /ˈvɔɪs ˌæktɪveɪtɪd/ (adj) = (of a device) that can be controlled by oral commands **sterowany głosem**

weapon /ˈwepən/ (n) = a gun, knife, bomb, etc used in fighting or a war **broń**

Unit 6 – The Big Screen

6a

act /ækt/ (v) = to perform in a film or play **grać (np. w sztuce teatralnej)**

action – adventure /ˌækʃən ədˈventʃə/ (n) = a film full of dangerous and exciting situations **film przygodowy z bardzo emocjonującą akcją**

adventure /ədˈventʃə/ (n) = an exciting or unusual activity **przygoda**

affect /əˈfekt/ (v) = to have an influence on sth/sb in some way **oddziaływać, mieć wpływ na**

amusing /əˈmjuzɪŋ/ (adj) = entertaining **zabawny, rozśmieszający**

animation /ˌæniˈmeɪʃən/ (n) = a film with moving images **animacja**

appear /əˈpiə/ (v) = to first be shown **pojawiać się, ukazywać się**

audience /ˌɔːdiəns/ (n) = a group of people gathered to watch a film, play, etc **publiczność, widownia**

blockbuster /ˈblɒkbʌstə/ (n) = a film that is very popular or successful **hit, przebój kinowy**

boring /ˈbɔːrɪŋ/ (adj) = uninteresting; dull **nudny**

cartoon /kɑːtuːn/ (n) = a film in which the characters are drawn **kreskówka**

catchphrase /ˈkætʃfreiz/ (n) = a phrase which is often repeated by a person and becomes well-known **slogan**

comedy /kɒmədi/ (n) = a funny film **komedial**

composer /kəmˈpəʊzə/ (n) = sb whose job is to write music **kompozytor**

create /kriːɪt/ (v) = to make sth; to produce sth **tworzyć**

crime film /kraɪm/ (n) = a film that talks about the illegal activities of sb who breaks the law **kryminał**

demand /dɪˈmɑːnd/ (v) = to ask for sth enthusiastically **żądać, domagać się**

disgusting /dɪsˈgʌstɪŋ/ (adj) = very unpleasant; causing a strong dislike **wstrętny, obrzydliwy**

do /duː/ (v) = to perform a task **robić, czynić**

documentary /ˌdɒkjʊˈmentəri/ (n) = a film or TV programme that gives facts and information about a subject **film dokumentalny**

drama /ˈdraːmə/ (n) = a serious film about social issues **dramat**

enjoyable /ɪnˈdʒɔɪəbəl/ (adj) = pleasant **miły, przyjemny**

exciting /ɪkˈsaɪtɪŋ/ (adj) = very interesting; great **pasjonujący, ekscytujący, emocjonujący**

fantasy film /ˈfæntəsi/ (n) = a film based on imagination, not facts **film z gatunku fantasy**

film-maker /ˈfɪlm ˌmeɪkə/ (n) = sb who makes movies **filmowiec**

force /fɔːs/ (n) = the power used by Jedi knights in the film "Star Wars" **moc**

funny /ˈfʌni/ (adj) = that makes you laugh **śmieszny, zabawny**

galaxy /ˈgæləksi/ (n) = a large group of stars in the universe **galaktyka**

give (sth) away /ˌgɪv əˈweɪ/ (phr v) = to ruin a surprise **zdradzić sekret**

give back /ˌgɪv ˈbæk/ (phr v) = to return sth **oddawać, zwracać**

give in /ˌgɪv ˈɪn/ (phr v) = 1) to finally agree to what sb wants; 2) to stop fighting or competing **1) zgodzić się na coś pod presją; 2) zaniechać**

give up /ˌgɪv ˈʌp/ (phr v) = to stop doing sth you used to do regularly **poddać się, zrezygnować**

horror film /ˈhɒrə/ (n) = a film featuring scary situations and characters **horror, film grozy**

interesting /ˈɪntərəstɪŋ/ (adj) = that attracts your attention **interesujący, ciekawy**

musical /ˈmjuzɪkəl/ (n) = a film or play with a lot of singing and dancing **forma teatralna łącząca muzykę, dialogi i taniec**

outdoors /ˌaʊtˈdɔːz/ (adv) = in the open air **poza domem, na zewnątrz**

outside /aʊtˈsaɪd/ (prep) = not in a building or room **na zewnątrz, poza np. budynkiem**

planet /ˈplænɪt/ (n) = a large object in space that moves around the Sun or another star **planeta**

play the role (of a character) (phr) = to portray sb in a film, etc **odgrywać rolę**

proudly /ˈpraʊdli/ (adv) = in a way that shows a sense of satisfaction for sth **dumnie, z dumą**

prove /pruːv/ (v) = to show sb that sth is true **udowodniać, dowodzić**

queue /kjuː/ (n) = a line of people waiting to enter a building, a bus etc **kolejka**

scary /skeəri/ (adj) = that makes you feel frightened **straszny**

sci-fi film /ˌsaɪ ˈfaɪ/ (n) = a film set in an imaginary future, involving science, space and technology **film science fiction**

sequel /ˈsiːkwəl/ (n) = a film, book or play that continues the story of a previous one **kontynuacja (np. filmu)**

series /ˈsɪəriːz/ (n) = a collection of TV episodes which follow a group of characters in a story **serial**

space opera /ˈspeɪs ˌɒpərə/ (n) = a sci-fi film about space wars and melodramatic adventures **film o podróżach kosmicznych**

Word List

special effects /ˌspeʃəl ɪˈfektz/ (pl n) = images or sounds used in films with the help of technology to create an illusion **efekty specjalne**
spectator /ˌspekˈteɪtə/ (n) = sb who attends and views an event, usually a sports event **widz**
thriller /ˈθrɪlə/ (n) = an exciting film about criminal activities **thriller, dreszczowiec**
western /ˈwestən/ (n) = a film with cowboys **western, film, którego akcja dzieje się na Dzikim Zachodzie**

6b

behave yourself (phr) = to act in a proper way **zachowywać się**
call off /kɔːl ˈɒf/ (phr v) = to cancel an activity **odwołać coś**
compose /kəmˈpəʊz/ (v) = to write a piece of music **komponować**
corn syrup /kɔːn sɪrəp/ (n) = glucose syrup **syrop kukurydziany**
direct /dɪˈrekt/ (v) = to give instructions to actors about what to do in a film or play **reżyserować**
film set /fɪlm set/ (n) = the enclosed area in which a scene of a film is shot including the scenery and all the movable objects used in it **plan zdjęciowy**
present /ˈprɪznt/ (v) = to formally give sth to sb in public, usually a prize or an award **wręczyć (coś komuś)**
usher /ˈʌʃə/ (n) = sb who shows people to their seats in a cinema or theatre **bileter**

6c

cast /kɑːst/ (n) = the group of actors in a film or play **obsada**
chat show /tʃæt ʃəʊ/ (n) = TV or radio programme where famous people are invited and interviewed by a host **rozmowa prowadzona w niezobowiązującej atmosferze w programie radiowym lub telewizyjnym**

cooking programme /ˌkʊkəri ˌprəʊgræm/ (n) = a TV show about food preparation **program kulinarny**
defeat /dɪˈfiːt/ (v) = to beat sb **pokonać**
disappearance /ˌdɪsəˈpiərəns/ (n) = the fact that sb goes missing and it's impossible to find him/her **zniknięcie**
DIY programme /ˌdiː aɪ ˈwaɪ ˌprəʊgræm/ (n) = a TV programme about making or repairing things on your own **program typu "zrób to sam"**
documentary /ˌdɒkjʊˈmentəri/ (n) = a TV programme that gives facts and information about a subject **film dokumentalny**
experiment /ɪkˈsperɪmənt/ (n) = a scientific test **eksperyment, doświadczenie naukowe**
film /fɪlm/ (n) = a movie **film**
game show /geɪm ʃəʊ/ (n) = a TV programme in which contestants compete against each other in order to win prizes **teleturniej**
imaginative /ɪˈmædʒɪnətɪv/ (adj) = having interesting ideas **pomysłowy, twórczy**
news /njuːz/ (n) = a TV or radio programme about current events and recent happenings **wiadomości, program informacyjny**
original /əˈrɪdʒɪnəl/ (adj) = (of a script) that is not based on other works but rather on the writer's own ideas **oryginalny, początkowy**
plot /plɒt/ (n) = the story of a film or book **fabuła**
power /ˈpaʊə/ (n) = strength; the ability to control sb **moc, siła**
reality show /rɪˈæləti ʃəʊ/ (n) = a TV programme that shows real people's daily lives **rodzaj programu telewizyjnego, w którym widzowie obserwują zachowanie uczestników**
save /seɪv/ (v) = to protect sb/ sth from danger **ocalić, chronić, ratować**

script /skrɪpt/ (n) = the written lines of a film or play **scenariusz**
sitcom /sɪtkɒm/ (n) = an amusing TV series in which the same characters appear in different situations **serial komediowy z udziałem publiczności**
soap opera /ˈsəʊp ˌɒpərə/ (n) = a TV drama about the everyday lives of a group of ordinary people **telenowela**
spoil /spɔɪl/ (v) = to ruin a surprise about sth for sb **zepsuć**
talented /ˈtæləntɪd/ (adj) = gifted; very good at doing sth **utalentowany**
travel show /trævl ʃəʊ/ (n) = a travel documentary with a host travelling to tourist destinations and providing information about them **program podróżniczy**
universe /ˈjuːnɪvɜːs/ (n) = the planets, stars, galaxies, etc in space **wszechświat**
wildlife programme /ˈwaɪldlaɪf ˌprəʊgræm/ (n) = a film or TV programme that gives facts and information about plants and animals in nature **program przyrodniczy o dzikiej naturze**

Culture 6

composer /kəmˈpəʊzə/ (n) = sb whose job is to write music **kompozytor**
excitement /ɪkˈsaɪtmənt/ (n) = a thrilling sensation **podniecenie, poruszenie**
orchestral performance (phr) = a large number of musicians playing many different musical instruments and led by a conductor **występ orkiestry**
realise /rɪˈəlaɪz/ (v) = to become aware of sth **zdać sobie sprawę z czegoś, uświadamiać sobie coś**
showing /ˈʃəʊɪŋ/ (n) = a screening of a film **pokaz filmowy**

soundtrack /ˈsaʊndtræk/ (n) = the recorded background music of a film **ścieżka dźwiękowa do filmu**
take (sb somewhere) /teɪk/ (v) = to lead sb on an imaginary journey somewhere **zabrać (kogoś gdzieś)**
theme /θiːm/ (n) = a recognisable melody played usually at the beginning or end of a film **motyw przewodni**
typical /tɪˈpɪkəl/ (adj) = normal **zwykły, zwyczajny**

Values B: Self-confidence

deliver a speech (phr) = to give a speech that you have written earlier in front of an audience **wygłosić przemowę**
dry up /ˈdraɪ ˈʌp/ (phr v) = to stop talking all of a sudden as you have no idea of what to say next **przestać mówić**
improve /ɪmˈpruːv/ (v) = to make sth better **poprawiać, ulepszać, udoskonalać**
lighten /laɪtən/ (v) = to make the expression on your face look less serious **rozładować emocje, rozluźnić się**
material /məˈtɪəriəl/ (n) = facts and information used for an activity, such as when giving a public speech, etc **materiały (np. notatki)**
raise my voice (idm) = to speak in a louder voice **podnosić głos**
rush /rʌʃ/ (v) = to do sth very quickly; to hurry **pędzić, bieć**
tip /tɪp/ (n) = a piece of advice **wskazówka, rada**

Public Speaking Skills B

compete (against sb) /kəmˈpiːt/ (v) = to try hard to outdo sb **konkurować (z kimś)**

deep /di:p/ (adj) = great
głęboki, poważny
drop out (of sth) /drɒp 'aʊt/
 (phr v) = to withdraw from a course of study at a university, etc **porzucić coś**
release /rɪ'li:s/ (v) = to launch a film, CD, etc for people to see or buy **wypuścić, wydawać, opublikować**
run /rʌn/ (v) = to manage a company, an organisation, etc **prowadzić (np. firmę)**

Unit 7 – Narrow Escapes

7a

alive /ə'laɪv/ (adj) = not dead
żywy
avalanche /ævələntʃ/
 (n) = a large amount of snow rolling down a mountainside **lawina**
beat /bi:t/ (v) = to hit sth
uderzać
calm /kɑ:m/ (adj) = relaxed; not nervous **spokojny, opanowany**
cancel /kænsəl/ (v) = to say that sth planned will not happen **anulować, odwołać**
conditions /kən'dɪʃənz/
 (pl n) = circumstances **warunki**
discover /dɪs'kʌvə/ (v) = to find sb/sth that you were looking for **odkryć, odnaleźć**
earthquake /ɜ:θkweɪk/ (n) = a sudden violent movement of the Earth's surface
trzęsienie ziemi
effort /ɛfət/ (n) = the physical activity required to achieve sth **wysiłek, trud**
explore /ɪk'splɔ:/ (v) = to travel around a place to learn about it **eksplorować, zwiedzać**
explosion /ɪk'spləʊʒən/ (n) = a sudden violent burst of energy **eksplozja, wybuch**
fire /faɪə/ (n) = a blaze **pożar**
flood /flʌd/ (n) = a large amount of water covering a dry area **powódź**

gear /gɪər/ (n) = equipment
sprzęt
heavy snowfall (phr) = snow falling in large quantities
intensywne opady śniegu
hit /hɪt/ (v) = (of a hurricane, earthquake, etc) to have a severe effect on sb/sth
uderzać
ignore /ɪg'nɔ:/ (v) = to not pay attention to sb/sth
ignorować, lekceważyć, nie reagować na coś
injure /ɪndʒə/ (v) = to cause physical harm to sb **ranić, kaleczyć**
knock (on sth) /nɒk/ (v) = to hit a door/window with your hand in order to attract the attention of the people inside **pukać (w coś)**
lava /lɑ:və/ (n) = hot molten rock coming out of a volcano **lawą**
meanwhile /mɪnwaɪl/ (adv) = while another thing is happening **w międzyczasie**
narrow /nærəʊ/ (adj) = small in width **wąski**
promise /prɒmɪs/ (v) = to give sb your word **obietować, dawać słowo**
put off /pʊt 'ɒf/ (phr v) = to postpone **odłożyć coś, przełożyć coś**
put on /pʊt 'ɒn/ (phr v) = to cover part of one's body with clothes, shoes, etc **zakładać; przytyć, przybrać (na wadze)**
put out /pʊt 'aʊt/ (phr v) = to stop a fire burning **zgasić, ugasić (ogień)**
put up /pʊt 'ʌp/ (phr v) = to let sb stay in your house
przenocować kogoś
recover /rɪ'kʌvə/ (v) = to become healthy again
dochodzić do siebie, powracać do zdrowia
rescue /reskjʊ:/ (n) = the act of saving sb from harm or danger **ratunek**
rubble /rʌbəl/ (n) = the pieces of a building that has collapsed or been destroyed **gruzy**
shake /ʃeɪk/ (v) = to make short quick movements
trząść się

spread /spred/ (v) = to expand and cover a large area **rozpościerać się, rozprzestrzeniać się**
strike /straɪk/ (v) = to hit sb/sth forcefully **uderzać**
supplies /sə'plaɪz/ (pl n) = food and equipment necessary for living **zaopatrzenie, prowiant**
survive /sə'vaɪv/ (v) = to remain alive **przetrwać, przeżyć**
thunderstorm /θʌndəstɔ:m/
 (n) = bad weather with a lot of rain and thunder **burza**
tie /taɪ/ (v) = to fasten together with a knot **związywać**
trap /træp/ (v) = to prevent sb from leaving a place
uwięzić
typhoon /taɪ'fu:n/ (n) = a very violent tropical storm
tajfun
unhurt /ʌn'hɜ:t/ (adj) = not injured **nieuszkodzony**
volcanic eruption /vɒl,kænɪk
 rɪ'ʌpʃən/ (n) = a sudden explosion of a volcano
erupcja wulkanu
warning sign /wɔ:ɪnɪŋ
 'saɪn/ (n) = a message informing of danger **znak ostrzegawczy**

7b

board /bɔ:d/ (v) = to get on a bus, plane, boat, etc **wsiąść do**
brand-new /brænd 'nju:/ (adj) = used for the first time
nowiutki, nieużywany
crew /kru:/ (n) = the people who work on a ship/plane
załoga
deck /dek/ (n) = a flat open surface on a ship **pokład statku**
iceberg /aɪsbɜ:g/ (n) = a large mass of ice floating in the sea
góra lodowa
lifeboat /laɪfbəʊt/ (n) = a boat kept on a ship to be used in emergencies **szalupa, łódź ratunkowa**
on board (phr) = on a boat or plane **na pokładzie**
passenger /pæsəndʒə/ (n) = sb travelling on a bus, plane, train, etc **pasażer**

snow chains /snəʊ tʃeɪnz/
 (pl n) = a set of chains that help the car to move over snow safely **łańcuchy antypoślizgowe**
victim /vɪktɪm/ (n) = sb injured or killed in an accident or attack **ofiara**
volcano /vɒl'keɪnəʊ/ (n) = a mountain out of which molten rock, ashes and gases burst **wulkan**

7c

ambulance service (phr) = the organisation that provides special vans for taking people to hospital in case of emergency **usługi ratunkowe**
ankle /æŋkəl/ (n) = the joint connecting the foot with the leg **kostka u nogi**
burn /bɜ:n/ (n) = an injury caused by fire or heat
oparzenie
carry out /kæri 'aʊt/ (phr v) = to perform a task
przeprowadzać (np. badanie)
cave rescue service (phr) = the expert organisation that helps injured, trapped or lost cave explorers **ratownictwo jaskiniowe**
crime /kraɪm/ (n) = an illegal action **przestępstwo, zbrodnia**
eyewitness /aɪwɪtnəs/ (n) = sb who has seen a crime or accident happen **naoczny świadek**
fire service /faɪə ,sɜ:vɪs/
 (n) = the organisation responsible for putting out fires **straż pożarna**
giant /dʒaɪənt/ (adj) = enormous; very big
gigantyczny
government /gʌvənmənt/
 (n) = the group of people who rule a country **rząd**
let in /let 'ɪn/ (phr v) = to allow sb/sth to enter **wpuścić**
medical emergency (phr) = an unexpected critical condition of sb's health
nagły przypadek

Word List

mountain rescue service (phr) = the expert organisation that helps injured or lost people in the mountains **ratownictwo górskie**

repair /rɪ'peə/ (n) = the act of fixing sth damaged **naprawa**

rip through /rɪp θru:/ (phr v) = to destroy a place completely by moving forcefully through it **zdeławstować**

runway /rʌnweɪ/ (n) = the long road in an airport where aeroplanes take off and land **pas startowy**

rush (sb somewhere) /rʌʃ/ (v) = to take sb to a place very quickly **przetransportować (kogoś) w szybkim tempie**

severe /sɪ'vɪə/ (adj) = very serious; extremely bad **poważny, ciężki**

speedboat /spi:dbəʊt/ (n) = a fast motorboat **wyścigowa łódź motorowa**

summit /sʌmɪt/ (n) = the top of a mountain **szczyt, wierzchołek**

suspiciously /sə'spɪʃəsli/ (adv) = in a way that causes sb to think that sth wrong is happening **podejrzanie**

the coastguard /ðə 'kəʊstgɑ:d/ (n) = the organisation that helps swimmers and ships in danger and prevents crime at sea **straż przybrzeżna**

the police /ðə pə'li:s/ (n) = the organisation that prevents crime and arrests criminals **policja**

Culture 7

blow up /bləʊ 'ʌp/ (phr v) = to destroy sth with explosives **wysadzić (przy pomocy materiałów wybuchowych)**

break out /breɪk 'aʊt/ (phr v) = to start all of a sudden **wybuchnąć (np. o epidemii)**

careless /keələs/ (adj) = without paying attention **nieuważny**

cure /kjʊə/ (n) = a remedy or a treatment for a disease **lekarstwo, lek**

disaster /dɪ'zɑ:stə/ (n) = a catastrophe; a sudden tragic event **katastrofa, klęska**

guard /gɑ:d/ (n) = sb whose job is to protect people, places, buildings, etc **strażnik, ochroniarz**

gunpowder /'gʌn,paʊdə/ (n) = an explosive substance in the form of fine grains used in bombs and fireworks **proch strzelniczy**

high society /'haɪ sə'saɪətɪ/ (n) = the rich and powerful people who form the upper class of a society **klasa wyższa, śmietanka towarzyska**

knock down /nɒk 'daʊn/ (phr v) = to completely destroy a building **powalić, zniszczyć**

put out /pʊt 'aʊt/ (phr v) = to stop sth from burning **zgasić, ugasić (ogień)**

royal court /rɔ:əl 'kɔ:t/ (n) = the home of a king and queen **dwór królewski**

ruin /ru:ɪn/ (n) = what is left of a damaged building, area, etc **ruina**

spread /spred/ (v) = (of a disease) to affect more and more people **rozprzestrzeniać się**

trade /treɪd/ (n) = the activity of buying and selling goods and services **handel**

Unit 8 – Learning & Earning 8a

banker /'bæŋkə/ (n) = sb who owns or manages a bank **bankier, bankowiec**

breathing equipment /'bri:ðɪŋ ɪkwɪpmənt/ (n) = devices that help you breathe underwater **sprzęt potrzebny do oddychania pod wodą**

carry off /kæri 'ɒf/ (phr v) = to succeed in doing sth difficult **poradzić sobie**

carry on /kæri 'ɒn/ (phr v) = to continue doing sth **kontynuować, robić coś dalej**

carry out /kæri 'aʊt/ (phr v) = to perform (a task) **przeprowadzać (np. badanie w laboratorium)**

cleaner /kli:nə/ (n) = sb whose job is to clean buildings **osoba sprzątająca**

contract /kən'trækt/ (n) = a legal agreement between two or more people **kontrakt, umowa**

director /dɪ'rektə/ (n) = sb whose job is to tell actors how to play their parts **reżyser**

earn /ɜ:n/ (v) = to receive money from work **zarabiać**

engineer /endʒɪ'nɪə/ (n) = a scientist whose job is to design and build houses, machines, etc **inżynier**

farmer /'fɑ:mə/ (n) = sb whose job is to grow crops and keep animals **rolnik**

flooding /'flʌdɪŋ/ (n) = water covering an area due to heavy rain **powódź**

full-time /fʊl 'taɪm/ (adv) = working the standard number of hours per week **na cały etat**

hold my breath (phr) = to keep air inside my lungs without letting it out **wstrzymać oddech**

indoors /ɪn'dɔ:z/ (adv) = inside a place **w środku, w budynku**

journalist /dʒɜ:nə'lɪst/ (n) = a reporter **dziennikarz**

librarian /laɪ'breəriən/ (n) = a professional who works in a library **bibliotekarz, bibliotekarka**

life form /laɪf 'fɔ:m/ (n) = a type of a living thing **żywy organizm**

mountain guide /maʊntɪn 'gaɪd/ (n) = a professional who leads and instructs climbers **przewodnik górski**

outdoors /aʊt'dɔ:z/ (adv) = outside a place **na zewnątrz, poza domem**

overalls /əʊvə:rlz/ (pl n) = a one-piece garment for manual labour **kombinezon roboczy**

oyster /ɔɪstə/ (n) = a type of shellfish **ostryga**

peak /pi:k/ (n) = the top of a mountain **szczyt, wierzchołek góry**

pearl diver /pɜ:l daɪvə/ (n) = sb whose job is to swim to the bottom of the sea in order to find and pick shells that have a valuable jewel inside **poławiacz pereł**

poisonous /pɔɪzənəs/ (adj) = containing a substance that can cause death **trujący**

possibility /pɒsə'bɪləti/ (n) = likelihood **możliwość, prawdopodobieństwo**

publisher /pʌblɪʃə/ (n) = sb or a company that produces books, magazines, newspapers, etc **wydawnictwo, wydawca**

pure /pjʊə/ (adj) = complete **czysty, prawdziwy**

receptionist /rɪ'sepʃənɪst/ (n) = sb whose job is to welcome and help in a hotel, office, hospital, etc **recepjonista, recepcjonistka**

regular hours (phr) = normal working hours **stałe godziny pracy**

responsible (for sth/sb) /rɪ'spɒnsəbəl/ (adj) = in charge of sth/sb **odpowiedzialny (za coś/ kogoś)**

risky /rɪski/ (adj) = dangerous **ryzykowny, niebezpieczny**

rockslide /rɒkslaɪd/ (n) = a mass of rocks falling down a hillside **lawina kamieni**

salary /'sæləri/ (n) = the money earned from a job in a month or year **pensja, wynagrodzenie**

shift /ʃɪft/ (n) = a part of a working day **zmiana (w pracy)**

snow goggles /səʊ ɡɒgəlz/ (pl n) = a type of glasses for the protection of eyes when you are in a snowy place **gogle śnieżne, narciarskie okulary ochronne**

speleologist /ˈspiːliːblədʒɪst/ (n) = a scientist who explores and studies caves **speleolog (osoba zajmująca się badaniem jaskiń)**
surface /ˈsɜːfɪs/ (n) = the top of the sea **powierzchnia**
temporary /ˈtempərəri/ (adj) = not permanent **tymczasowy**
tiny /ˈtaɪni/ (adj) = very small **malutki, niewielki**
tricky /ˈtrɪki/ (adj) = confusing and difficult **podchwytliwy, zawiły**
uniform /ˈjuːnɪfɔːm/ (n) = a special set of clothes that some people have to wear to work **mundur, uniform**
wages /ˈweɪdʒɪz/ (pl n) = the money earned from a job according to the number of hours, days or weeks that sb has worked **placa, zarobki**
watch out for (sth) /ˌwɒtʃ ˈaʊt fɔː/ (phr v) = to look out for sth **uwagać na, zwracać uwagę na**
well-paid /ˌwel ˈpeɪd/ (adj) = earning a lot of money **dobrze płatny**
win /wɪn/ (v) = to get the first place in a game, competition, etc **wygrać, zwyciężyć**

8b

apply (for sth) /əˈplai/ (v) = to ask for sth officially **składać podanie, ubiegać się (o coś)**
be stuck (in sth) (phr) = to be trapped (in a bad situation) **utknąć**
bill /bɪl/ (n) = a piece of paper showing how much we should pay for goods or services **rachunek**
canteen /ˈkæntiːn/ (n) = a cafeteria in a school, factory, etc **stołówka**
deadline /ˈdedlaɪn/ (n) = the time by which sth must be finished **ostateczny termin**
deal with /diːl wɪð/ (phr v) = to interact with sb as part of your job **radzić sobie z czymś, mieć z czymś do czynienia**

delete /dɪˈliːt/ (v) = to remove data from a computer **kasować, usuwać**
embarrassing /ɪmˈbærəsɪŋ/ (adj) = causing shame **wprawiający w zakłopotanie, zawstydzający**
pay /peɪ/ (n) = the money sb earns from their job **wynagrodzenie, płaca**
professional /ˌprɒfəˈfeʃənəl/ (adj) = expert in your job **profesjonary, zawodowy**
project /ˈprɒdʒekt/ (n) = a piece of work about a subject assigned by sb **projekt**
promotion /ˌprɒməʊʃən/ (n) = getting a more important position in your job **awans**
staff /stɑːf/ (n) = all the people who work at a place **kadra, pracownicy**
training course /ˈtreɪnɪŋ kɔːs/ (n) = a period of study in which you acquire the skills for a specific job **szkolenie**

8c

advanced /ədˈvɑːnst/ (adj) = at a higher, more difficult level **zaawansowany**
antisocial /ˌæntsɪˈsəʊʃəl/ (adj) = not allowing you to meet and spend time with other people **niesprzyjający kontaktom towarzyskim**
certificate /səˈtɪfɪkət/ (v) = a document proving that you've completed a course of study or training **świadcetwo, zaświadczenie, certyfikat**
closely /ˈkləʊsli/ (adv) = in a way that shows a strong connection between two or more people **w bliskim kontakcie, ściśle**
course /kɔːs/ (n) = a series of lessons **kurs, program**
degree /dɪˈɡriː/ (n) = a qualification given on completion of a university course **stopień naukowy**
demanding /dɪˈmɑːndɪŋ/ (adj) = very difficult **wymagający**

experience /ɪkˈspɪəriəns/ (n) = knowledge and skill gained by doing sth regularly **doświadczenie**
humanity /ˈhjuːmænəti/ (n) = all the people in general **ludzkłość**
lecturer /ˈlektʃərə/ (n) = a university teacher of the lowest rank **wykładowca**
lose a patient (phr) = (of a doctor) to not be able to prevent a patient from dying **stracić pacjenta (nie uratować mu życia)**
marine biologist /məˈriːn baɪˈɒlədʒɪst/ (n) = a scientist who studies the sea and the organisms living in it **biolog morski**
mark /mɑːk/ (n) = a grade for school work **ocena**
personal trainer /ˌpɜːsənəl ˈtreɪnə/ (n) = a physical education instructor who helps individuals become fit **trener osobisty**
porter /ˈpɔːtə/ (n) = a hotel employee who carries guests' luggage **bagażowy, portier**
qualification /ˌkwɒlɪfɪˈkeɪʃən/ (n) = a particular skill in or knowledge of a subject; a diploma or degree **kwalifikacja, predyspozycja**
qualify /ˈkwɒlɪfaɪ/ (v) = to obtain knowledge and abilities to do a job **kwalifikować się, nadawać się**
script /skɪpt/ (n) = the written text of a play, film, TV series, etc **scenariusz, skrypt**
security guard /sɪˈkjʊərəti ɡɑːd/ (n) = sb whose job is to protect a building and its people **strażnik, ochroniarz**
set up /set ˈʌp/ (phr v) = to prepare the necessary equipment for an activity **organizować, przygotowywać**
shot /ʃɒt/ (n) = the particular position in which a cameraman films sb/sth **ujęcie (w filmie)**

stressful /ˈstresfəl/ (adj) = causing worry and anxiety **stresujący**
surgeon /ˈsɜːdʒən/ (n) = a doctor who performs operations on patients **chirurg**
training /ˈtreɪnɪŋ/ (n) = practice **szkolenie**

Culture 8

affect /əˈfekt/ (v) = to have a consequence on sth **mieć wpływ na**
attack /əˈtæk/ (v) = to use violence against sb/sth **atakować, napadać, nacierać**
ceremony /serəˈmɒni/ (n) = a formal event to celebrate sth **ceremonia, uroczystość**
disease /dɪˈziːz/ (n) = an illness **choroba**
employ /ɪmˈplɔɪ/ (v) = to give sb a job **zatrudniać**
injury /ɪnˈdʒəri/ (n) = physical damage to the body **kontuzja, uraz**
keep track of (phr) = to monitor sb/sth **śledzić**
lift (sb/sth up) /lɪft/ (v) = to take sb/sth to a higher place **podnieść (kogoś/ coś)**
look after /ˈlʊk ɑːftə/ (phr v) = to take care of sb/sth **zajmować się, opiekować się**
measure /ˈmeʒə/ (v) = to take care of sb/sth **mierzyć**
occasion /əˈkeɪʒən/ (n) = a special event **okazja**
preserve /ˈprɪːzɜːv/ (v) = to protect **ochraniać, zachowywać, zabezpieczać**
prison /ˈprɪzən/ (n) = the place where criminals are kept **więzienie, zakład karny**
riverbank /ˈrɪvəbæŋk/ (n) = each of the two edges of a river where it meets the land **brzeg rzeki**
rowing boat /ˈrəʊɪŋ bəʊt/ (n) = a small boat that sails on water with long wooden poles **łódź z wiosłami**

Word List

swan /swɒn/ (n) = a large white bird with a long neck that lives on rivers and lakes **labędź**

weigh /weɪ/ (v) = to measure how heavy sb/sth is **ważyc**

Unit 9 – Want to play?

9a

an element of (risk, etc) (phr) = an amount of risk, etc **element (np. ryzyka)**

ask for trouble (phr) = to behave in a way that it is likely to cause problems **szukać guza, kłopotów**

attack /ə'tæk/ (v) = to use violence to hurt sb **atakować, napadać, nacierać**

beat /bi:t/ (v) = 1) to defeat sb in a game or competition; 2) (of the heart) to make regular sounds and movements **1) pokonać kogoś; 2) bić (o sercu)**

competition /kəmpe'tɪʃən/ (n) = an organised event where the participants perform a specific task and try to win first place **zawody**

deal with /di:l wɪð/ (phr v) = to handle sth **radzić sobie z czymś, mieć z czymś do czynienia**

earn /ɜ:n/ (v) = to get money for doing work **zarabiać**

energy /'enədʒi/ (n) = the ability and strength to do active physical things **energia**

experience /ɪk'spɪəriəns/ (n) = sth that I do or happens to me **doświadczenie, przeżycie, doznanie**

experience /ɪk'spɪəriəns/ (v) = to feel or be affected by sth **doświadczać, przeżywać**

face /feɪs/ (v) = to control sth **stawiąć czoła, mierzyć się z**

fairly /feəli/ (adv) = reasonably; more or less **raczej, dosyć, całkiem**

forget /fə'get/ (v) = to not remember sth **zapomnieć**

gain /geɪn/ (v) = to get (a point in a game, etc) **zyskać**

hang (off sth) /hæŋ/ (v) = to be suspended from sth **zwisać (z czegoś)**

hide (sth away) /haɪd/ (phr v) = to keep sth out of sight **schować, ukryć (coś)**

instructor /ɪn'strʌktə/ (n) = sb who teaches a sport **instruktor**

prize /praɪz/ (n) = an award for having done well in a competition **nagroda**

proper /'prɒpə/ (adj) = right; suitable **odpowiedni, właściwy**

reply /rɪ'plai/ (n) = an answer to sth; a response to sth **odpowiedź**

risk /rɪsk/ (n) = possible harm **ryzyko, zagrożenie**

sales results (phr) = the final number of sold products **wyniki sprzedaży**

situation /,sɪtʃu'eɪʃən/ (n) = the conditions at a certain time **sytuacja**

take a call (phr) = to accept a phone call **odebrać telefon**

take a chance (phr) = to do sth that involves some kind of risk in the hope of a positive outcome **zaryzykować**

take a look (at sth) (phr) = to look at sth with attention; to examine sth carefully **spojrzeć (na coś)**

take my mind off sth (idm) = to make myself forget about sth that causes concern, etc for a little while **odciągnąć myśli od czegoś**

to the limit (phr) = to the extreme **do granic możliwości**

turn down /tɜ:n 'daʊn/ (phr v) = 1) to refuse to accept; 2) to decrease volume, power, etc **1) odrzucać (np. ofertę); 2) przyciszać, przygaszać, zmniejszać moc**

turn into /tɜ:n ɪntə/ (phr v) = to change into **zmieniać w**

turn on /tɜ:n 'ɒn/ (phr v) = to switch on **włączyć**

turn off /tɜ:n 'ɒf/ (phr v) = to switch off **wyłączyć**

turn up /tɜ:m 'ʌp/ (phr v) = to increase volume, power, etc

podkręcać, pogłasniać, zwiększać

whizz /wɪz/ (v) = to move very fast, usually making a sound **przelecieć ze świstem**

win /wɪn/ (v) = to gain a victory; to get first place in a race or competition **wygrać, zwyciężyć**

win (sth) /wɪn/ (v) = to get sth as the result of a competition **wygrać, zdobyć (coś)**

9b

annual /'ænjʊəl/ (adj) = yearly **coroczny**

cancel /'kænsəl/ (v) = to decide that sth planned will not happen **anulować, odwołać**

due to (sth) /'dju: tu/ (prep) = because of sth **z powodu (czegoś)**

lift /lɪft/ (v) = to pick sth up **podnosić, dźwigać**

session /seʃən/ (n) = a period of time when you do a particular activity such as a sport, attending a lesson, etc **sesja (ilość czasu przeznaczona na zrobienie czegoś)**

toe /təʊ/ (n) = each of the five separate parts at the end of the foot **palec u nogi**

9c

burn calories (phr) = to lose some weight by doing a sport, exercising, etc **spalać kalorie**

common /'kɒmən/ (adj) = happening often **powszechny, pospolity**

golf course /kɔ:s/ (n) = an area for playing golf **pole golfowe**

court /kɔ:t/ (n) = an area where some sports are played, such as tennis, basketball, badminton, volleyball, etc **kort (np. tenisowy), boisko**

depend on /dɪ'pend ɒn/ (phr v) = to be determined by sth **zależec od**

discount /'dɪskaʊnt/ (n) = a reduction in the original price of sth **zniżka, upust**

encourage /ɪn'kʌrɪdʒ/ (v) = to give sb the courage to do sth **zachęcać, dodawać otuchy**

field /fi:ld/ (n) = an area of grass where people play football, baseball, cricket, etc **boisko**

flexible /'fleksəbəl/ (adj) = able to change easily to suit any new purpose, conditions, etc **elastyczny**

give up /gɪv 'ʌp/ (phr v) = to stop making an effort to achieve sth **poddać się, zrezygnować**

independent /,ɪndɪ'pendənt/ (adj) = not controlled and free to do as you wish **niezależny**

membership /membəʃɪp/ (n) = the state of being part of a club, organisation, etc **członkostwo**

pitch /pɪtʃ/ (n) = an area for playing football, cricket, etc **boisko**

rink /rɪnk/ (n) = a place where you can ice-skate **lodowisko**

speed /spi:d/ (n) = the rate at which sth moves **prędkość**

suit /su:t/ (v) = to be right for sb **pasować, odpowiadać**

teamwork /ti:mwɜ:k/ (n) = working together in a group **praca zespołowa**

track /træk/ (n) = a piece of circular ground used for cycling, running, jogging, etc **tor wyścigowy, bieżnia**

Culture 9

drawer /draʊ:/ (n) = a container that you slide in and out to keep things in **szuflada**

earliest /'ɜ:liəst/ (adj) = the first ever **najwcześniejszy, pierwszy**

except (that) /ɪk'sept/ (conj) = apart from the fact that **za wyjątkiem tego, że**

fast and furious (phr) = speedy and with a lot of energy **szybki i szalony**

in total (phr) = as a sum
w sumie
record /rekɔ:d/ (n) = written and stored information about sth in a file, etc **zapis, rejestr**
score /skɔ:/ (v) = to win points in a game **zdobywać punkt**
shape /ʃeɪp/ (n) = the outline of an object **kształt**
shaped /ʃeɪpt/ (adj) = (of an object) that has a particular outline **ukształtowany**
social /səʊʃəl/ (adj) = relating to activities that we do with other people in public **towarzyski, społecznościowy**
swing /swɪŋ/ (v) = to move sth in a wide circle quickly **zamachnąć się**

Values C: Appreciation

appreciate /ə'pri:ʃieɪt/ (v) = to respect and be grateful to sb for sth **doceniać, być wdzięcznym**
facial expression /,feɪʃəl ɪk'spreʃən/ (n) = a gesture on the face expressing a feeling **wyraz twarzy**
frown /fraʊn/ (n) = the expression you make by bringing the eyebrows together to show anger, annoyance, etc **zmarszczyć brwi**
grateful /g'reɪtʃəl/ (adj) = thankful **wdzięczny**
have sb in mind (idm) = to think of sb **mieć kogoś na względzie/myśli**
old-fashioned /əʊld 'fæʃənd/ (adj) = not modern; no longer in use **staromodny, niedzisiejszy**
personal /pɜ:sənəl/ (adj) = intimate **osobisty**
pick (sth) up /,pɪk 'ʌp/ (phr v) = to take sth in your hands **podnieść (coś)**

Public Speaking Skills C

admit /əd'mɪt/ (v) = to accept that sth is true **przyznawać, zgadzać się**

attitude /'ætɪtju:d/ (n) = a way of thinking and acting **zachowanie, postawa**
emotional /ɪ'məʊʃənəl/ (adj) = causing strong feelings **emocjonalny**
farewell speech /,feə'wel spi:tʃ/ (n) = a short talk to say goodbye **mowa pożegnalna**
get my hands on sth (idm) = to make sth my own **dorwać coś, zdobyć coś**
persuasive /pə'sweɪsɪv/ (adj) = convincing **przekonujący**
rare /reə/ (adj) = not common **rzadki**
can't stand the cold (phr) = I can't bear low temperatures or cold weather **nie móc znieść zimna**

Unit 10 – Tech world

10a

app /æp/ (n) = a specialised software program downloaded onto a mobile phone **aplikacja**
awesome /'ɔ:səm/ (adj) = very impressive **fantastyczny, wspaniały, niesamowity, rewelacyjny**
bring (sb sth) /brɪŋ/ (v) = to get and give sth to sb **przynosić (komuś coś)**
connect (sth to sth) /kə'nekt/ (v) = to join a device to a software program **połączyć (coś z czymś)**
cook dinner (phr) = to prepare an evening meal **gotować obiad lub kolację**
designer /dɪ'zaɪnə/ (n) = sb who makes plans for machines **projektant, projektantka**
device /dɪ'vaɪs/ (n) = an appliance **urządzenie**
do DIY (phr) = to make or repair things on your own **majsterkować**
do the ironing (phr) = to make clothes smooth with an electrical appliance **prasować**
do the laundry (phr) = to wash your clothes **robić pranie**
do the vacuuming (phr) = to clean the floors, etc by Hoovering **odkurzać**
feed the pet (phr) = to give food to a domestic animal **karmić zwierzątko domowe**
get across /,get ə'krɒs/ (phr v) = to communicate **przekazywać, wyjaśniać**
get along (well) with /,get ə'lɒŋ wɪð/ (phr v) = to have a friendly relationship with sb **mieć z kimś dobre stosunki**
get by /,get 'baɪ/ (phr v) = to have enough (money, food, etc) to survive **radzić sobie, dawać sobie radę**
get off /,get 'ɒf/ (phr v) = to exit a train, bus, etc **wysiadać**
get on /,get 'ɒn/ (phr v) = to enter a train, bus, etc **wsiadać**
get on (well) with /,get 'ɒn wɪð/ (phr v) = to have a friendly relationship with sb **mieć z kimś dobre stosunki**
get over /,get əʊvə/ (phr v) = to recover from an illness, shocking event, etc **przetrwać, przeżyć**
high-definition /haɪ defɪ'nɪʃən/ (adj) = (of a camera, etc) that has a higher resolution than a standard camera, etc **o wysokiej rozdzielczości**
household item /'haʊshəʊld ɪtəm/ (n) = an object used within a house **artykuł gospodarstwa domowego**
lay the table (phr) = to prepare a table for a meal by putting plates, glasses and cutlery in the right place on it **nakryć do stołu**
maid /meɪd/ (n) = a woman whose job is to do sb else's housework **pokojówka**
make the bed (phr) = to tidy the sheets and covers on a bed after sleeping **pościelić łóżko**
mop /mɒp/ (n) = a stick with a wet cloth fixed at one end that is used for cleaning the floor **mop, zmywak do podłogi**

mop the floor (phr) = to clean the floor with a stick that has a wet cloth fixed at one end **zmywać podłogę mopem**
serve /sɜ:v/ (v) = to offer food or drink to sb **serwować, podawać**
serve meals (phr) = to offer food and drinks to sb at home, at a restaurant, etc **serwować potrawy**
share /ʃeə/ (v) = to provide sb else with sth that I have **dzielić się**
take /teɪk/ (v) = to obtain sth; to receive sth **brać, zabierać**
take (sth to sb) /teɪk/ (v) = to give sth to sb at a different location **zabrać (coś do kogoś)**
technology /tek'nɒlədʒi/ (n) = new machines and gadgets **technologia**
trade show /treɪd ʃəʊ/ (n) = an exhibition at which specific industry products are put on display so that people can see and buy them **targi**
vacuum cleaner /vækjuəm ,kli:nə/ (n) = an appliance used for cleaning floors and carpets, removing dust, etc **odkurzacz**
water the plants (phr) = to pour water onto flowers and trees **podlewać rośliny**

10b

bill /bɪl/ (n) = a piece of paper showing how much you should pay for goods or services **rachunek**
borrow /'bɒrəʊ/ (v) = to take sth which you are expected to return at a later time **pożyczać coś od kogoś**
hard drive /'hɑ:d draɪv/ (n) = the part of the computer where you store your data and files **twardy dysk**
install /ɪn'stɔ:l/ (v) = to put a program into a computer and make it ready for use **instalować**
membership fee /membəʃɪp fi:/ (n) = an amount of money that people have to pay in order to join a club or group **opłata członkowska**

Word List

memory /ˈmeməri/ (n) = the amount of space that a computer, a mobile phone, etc has for storing information **pamięć**
scan /skæn/ (v) = to produce a digital representation of a document, picture, etc with the use of a device that can read data **skanować (używając skanera)**
social media account /ˌsəʊʃəl ˈmi:diə əˌkaʊnt/ (n) = registering at a website on the Internet that helps people communicate **konto na portalu społecznościowym**

10c

activation code /æktɪˈveɪʃən kɔd/ (n) = a series of numbers or letters sent by a bank via a text message that provides access to a customer's account online **kod aktywacyjny**
blog entry /ˈblɒg ɛntri/ (n) = sth that you write on an online shared diary **wpis na blogu**
chat /tʃæt/ (v) = to talk to sb in a friendly and informal way on the Internet **gawędzić, czatować**
instant messaging service /ɪnstənt ˈmesɪdʒɪŋ ˌsɜ:vɪs/ (n) = a service that offers online text messages and chat functions **komunikator internetowy**
interest /ɪntrəst/ (n) = a hobby or an activity that you enjoy doing **zainteresowanie**
landline /ˈlændlaɪn/ (n) = a phone connection that works with a wire as opposed to a mobile phone **telefon stacjonarny**
log in /ˈlɒg ɪn/ (phr v) = to access an online account by using your password and username **zalogować się**
online banking /ˌɒnlaɪn ˈbæŋkɪŋ/ (n) = accessing your bank account and making your transactions electronically through a bank's website **bankowość internetowa**

password /ˈpɑ:swɜ:d/ (n) = a group of letters and/or numbers or other characters that allows you to access a computer system, an online bank account, etc **hasło**
PIN /pɪn/ (n) = a personal identification number for accessing your online bank account **numer PIN**
post /pəʊst/ (n) = a message on a social networking site **post (wiadomość np. na portalu społecznościowym)**
set up (a bank account) /ˌset ˈʌp/ (phr v) = to make all the necessary arrangements in order to have access to your bank account on the Internet **zakładać coś, tworzyć coś (np. konto w banku)**
tweet /twi:t/ (n) = a message written on "Twitter", a social networking site **wpis na portalu Twitter**
user-friendly /ˌju:zə ˈfrendli/ (adj) = easy to use **przyjazny użytkownikowi**
video chat /vɪdɪəʊ tʃæt/ (v) = to communicate with sb with the use of a web camera on a computer or smartphone via the Internet **czat wideo**
vlog /vɒlg/ (n) = a video blog **wideoblog**

Culture 10

amount (of time) /əˈmaʊnt/ (n) = a length of time **ilość (czasu)**
chance /tʃɑ:ns/ (n) = an opportunity to do sth **szansa**
decade /ˈdekeɪd/ (n) = a period of ten years **dekada**
dial /daɪəl/ (n) = a disc on an older telephone that has holes with numbers which you turn in a circular direction to make a phone call **tarcza telefonu**
display /dɪˈsplɛɪ/ (v) = to show sth **prezentować, demonstrować**
earliest /ˈɜ:liəst/ (adj) = the first ever **najwcześniejszy, pierwszy**
gramophone /ˈgræməfəʊn/ (n) = an antique record player **gramofon**

grow up (with sth) /ˌgrəʊ ˈʌp/ (phr v) = to have sth within your surroundings from childhood to adulthood **dorastać (w kontakcie z czymś)**
handle /ˈhændl/ (v) = to touch sth with your hands; to pick sth up and have it in your hands **trzymać w rękach**
invent /ɪnˈvent/ (v) = to create sth that hasn't existed before **wynaleźć**
rotary phone /ˈrəʊtəri ˌfəʊn/ (n) = an old-fashioned device for making phone calls with a circular dial **telefon z tarczą cyfrową**
step back in time (idm) = to go back to an older time in history **cofnąć się w czasie**
throughout /θru:ˈaʊt/ (prep) = during the whole period of sth **od początku do końca, przez cały (np. rok)**
various /ˈveəriəs/ (adj) = different **różny, rozmaity**

Unit 11 – Food for Thought

11a

bake /beɪk/ (v) = to cook bread, cakes, pies, etc in the oven **piec**
choice /tʃɔɪs/ (n) = a number of things to choose from **wyбір**
course /kɔ:rs/ (n) = each of the parts of a meal (starter, main course, dessert, etc) **danie (posiłek)**
cucumber /ˈkju:kʌmbə/ (n) = a long thin vegetable with a hard green skin and a juicy flesh, eaten in salads **ogórek**
desert /ˈdezət/ (n) = a large area of land with almost no water or trees **pustynia**
dessert /dɪˈzɜ:t/ (n) = sweet food eaten after the main meal **deser**
disgusted /dɪsˈɡʌstɪd/ (adj) = feeling a strong sense of distaste for sth **zniesmaczony**
dish /dɪʃ/ (n) = a particular type of cooked food **potrawa, danie**
dough /dəʊ/ (n) = a mixture of flour and water that is used to make bread, biscuits, pies, etc **ciasto (masa przed pieczeniem)**
filling /ˈfɪlɪŋ/ (adj) = (of food) that makes your stomach feel full **sycaący, pożywny, zapychający**
filling /ˈfɪlɪŋ/ (n) = food that is put inside things such as pastry, etc **nadzienie, farsz, wypełnienie**
fry /fraɪ/ (v) = to cook in a pan with hot oil or fat **smażyć**
garlic /ˈgɑ:lɪk/ (n) = a small plant with a very strong taste and smell; used for cooking **czosnek**
gravy /ˈɡreɪvi/ (n) = a warm brown sauce made from the juice that comes from cooked meat mixed with flour and water **sos pieczeniowy**
grilled /ɡrɪld/ (adj) = cooked by using very strong heat directly next to, above or below food **grillowany**
ignore /ɪɡnɔ: (v) = to pay no attention to sth/sb **ignorować, nie zwracać uwagi**
keep away from /ˌki:p əˈweɪ frəm/ (phr v) = to stop sb/yourself going near sb/sth **trzymać się z dala od**
keep off /ˌki:p ˈɒf/ (phr v) = to not walk on sth **unikać czegoś, trzymać się z dala od**
keep on /ˌki:p ˈɒn/ (phr v) = to continue doing sth **kontynuować, robić coś dalej**
keep out /ˌki:p ˈaʊt/ (phr v) = to not allow sb to enter **nie wchodzić**
keep up with /ˌki:p ˈʌp wɪð/ (phr v) = to move at the same speed as sb/sth **dotrzymywać komuś kroku, trzymać ten sam poziom**
meal /mi:l/ (n) = the food you eat on different occasions, such as breakfast, lunch or dinner **posiłek**
nutritious /nju:ˈtrɪʃəs/ (adj) = (of food) providing things that people need in order to be healthy **odżywczy**

pastry /ˈpeɪstri/ (n) = a mixture of flour, fat and water that is cooked, usually to cover or contain other food **ciasto**

pitta /ˈpɪtə/ (n) = a round flat bread that comes from the Middle East and you can fill with food **chleb pita**

plate /ˈpleɪt/ (n) = a round dish where you put your food to eat it **talerz**

receipt /rɪˈsiːt/ (n) = a piece of paper that you get after paying for sth **paragon, pokwitowanie**

recipe /ˈresɪpi/ (n) = a list of the ingredients and instructions on how to make a certain type of food **przepis kulinarny**

salty /ˈsɔːlti/ (adj) = tasting of salt **słony**

sauce /sɔːs/ (n) = a food dressing **sos**

seconds /ˈsekəndz/ (pl n) = an additional serving of food **dokładka, repeta**

silkworm /ˈsɪlkwɜːm/ (n) = a hairless white caterpillar that makes a thread used to manufacture a smooth, soft fabric **larwa jedwabnika**

snack /snæk/ (n) = a small amount of food eaten between meals **przekąska**

sour /saʊə/ (adj) = having a sharp taste like lemon or vinegar **kwaśny**

spicy /ˈspɪsi/ (adj) = having a flavour of spice; having a burning taste **ostry, pikantny**

street food /stri:t fu:d/ (n) = ready-to-eat meals sold at a public place by a vendor **jedzenie z budek stojących na ulicy**

sweet /swi:t/ (adj) = tasting like sugar **słodki**

toothpick /tuːθpɪk/ (n) = a thin piece of wood for cleaning your teeth **wykalaczka**

topping /ˈtɒpɪŋ/ (n) = sth you put on top of food to make it taste better **warstwa wierzchnia, dodatek**

trust /trʌst/ (v) = to have faith in sth **ufać, wierzyć**

tzatziki /tsəˈtsiːki/ (n) = a Greek sauce or dip made by mixing yoghurt, chopped cucumber, salt, garlic, olive oil and dill or mint **sos tzatziki**

upright grill (phr) = a vertical appliance with two parallel metal bars or wires where you place meat to roast it **pionowy grill (typowy dla kuchni Bliskiego Wschodu)**

vendor /ˈvendə/ (n) = sb who sells things from a small stall or cart that is placed at a public place **sprzedawca**

11b

bag (of sth) /bæg/ (n) = a container used for carrying things in, such as sugar, flour, etc **paczka, torebka (np. cukru)**

bar (of sth) /bɑː/ (n) = a long thin piece of sth such as chocolate, soap, etc **tabliczka (np. czekolady)**

bread roll /bred rəʊl/ (n) = a long or round-shaped piece of bread for one person **bułka**

bunch (of sth) /bʌntʃ/ (n) = a number of flowers, grapes, bananas, etc held together **pęk, wiązka (np. bananów)**

cabbage /ˈkæbɪdʒ/ (n) = a large round vegetable with thick green, white or purple leaves **kapusta**

can (of sth) /kæn/ (n) = a closed, small, metal container for drinks such as cola, beer, etc **puszka (np. lemoniady)**

cook /kʊk/ (n) = a chef **kucharz**

head (for sth) /hed/ (v) = to go towards a place **kierować się (do)**

herb /hɜːb/ (n) = a plant whose leaves are used in cooking to add flavour to food, or as a medicine **ziele, zioło**

lamb /læm/ (n) = the meat of a young sheep eaten as food **baranina, jagnięcina**

level /ˈlevəl/ (n) = each of the floors of a building **poziom, piętro**

lift /lɪft/ (n) = an elevator **winda**

nightspot /ˈnaɪtspɒt/ (n) = a place that opens at night for entertainment purposes **lokal otwarty nocą**

path /pɑːθ/ (n) = a long strip of ground which people walk along to get from one place to another **ścieżka**

shelf /ʃelf/ (n) = a thin piece of wood/metal horizontally fixed to a wall or in a frame for holding objects **półka**

shepherd's pie /ˈʃepədʒ ˈpaɪ/ (n) = a traditional English dish of minced meat covered with mashed potato **potrawa z mielonego mięsa i ziemniaków**

spice /spɪs/ (n) = an aromatic substance from parts of plants used to add flavour to food **przyprawa**

spinach /ˈspɪnɪdʒ/ (n) = a vegetable with large dark, green leaves that people eat as food **szpinak**

the shopping experience of a lifetime (idm) = the greatest experience you will ever have when you go shopping **najlepsze zakupy w życiu**

tin (of sth) /tɪn/ (n) = a closed metal container in which food such as peas, beans, tuna, etc can be preserved for a long period of time **puszka (np. tuńczyka)**

transform (into sth) /ˈtrænsfɔːm/ (v) = to change from sth to sth else **zmieniać się (w coś)**

turkey /ˈtɜːki/ (n) = the meat of a large farm bird related to the chicken **indyk**

11c

apology /əˈpɒlədʒi/ (n) = sth that you say or write to express that you are sorry for having done sth wrong **przeprosiny**

be entitled to sth (phr) = to have been given the right to get sth **być upoważnionym do czegoś**

bill /bɪl/ (n) = a piece of paper showing the money you owe for goods or services **rachunek**

change /tʃeɪndʒ/ (n) = the money you get back when you pay for sth with more money than it costs **reszta (o pieniądzach)**

change tables (phr) = to get a different table at a restaurant, etc from the one that was initially offered to you **zmienić stolik**

complaint /kəmˈpleɪnt/ (n) = a statement or expression of annoyance or dissatisfaction with sb or sth **zażalenie, reklamacja, skarga**

constant /ˈkɒnstənt/ (adj) = continuous; never-ending **stały, niekończący się**

credit card /ˈkredɪt kɑːd/ (n) = a small plastic card for charging goods or services now and paying later **karta kredytowa**

demand /dɪˈmɑːnd/ (v) = to ask for sth very strongly **żądać, domagać się**

frustrating /frʌˈstreɪtɪŋ/ (adj) = annoying **denerwujący, irytujący, frustrujący**

full refund (phr) = the return of all the money paid for goods or services because they were of poor quality, etc **pełny zwrot kosztów**

manager /ˈmænɪdʒə/ (n) = sb who is head of a business, such as a restaurant, etc **menadżer, kierownik**

money-off coupon (phr) = a piece of printed paper which allows sb to pay less for sth **kupon rabatowy**

note /nəʊt/ (n) = money in paper form **banknot**

order /ˈɔːdə/ (n) = the food/drink you've requested in a restaurant, etc **zamówienie**

prompt reply (phr) = a fast response **bezwłoczna odpowiedź**

regular /ˈregjələ/ (adj) = (of a customer) who often visits a place **stały (np. klient)**

replacement /rɪˈpleɪsmənt/ (n) = a product that takes the place of another one due to bad quality, etc **zamiennik**

Word List

sincerely /sɪn'siəli/ (adv) = honestly **szczerze**
sth is past its sell-by date (phr) = (of a drink or food item) it is after the recommended date that it should stay on the shop shelf **coś jest przeterminowane**

Culture 11

annual /'ænjʊəl/ (adj) = yearly **coroczny**

delicious /dɪ'lɪʃəs/ (adj) = tasty **pyszny, wyśmienity**

food critic /fu:d krɪtɪk/ (n) = an expert in tasting and analysing a wide selection of food dishes at a restaurant, who presents the findings to the public in a magazine, etc **krytyk kulinarny**

fun /fʌn/ (adj) = enjoyable **fajny, przyjemny**

grounds /graʊndz/ (pl n) = the land that belongs to a castle, mansion, hospital, etc **teren, ziemia**

outdoor /'aʊtdɔː/ (adj) = outside **zawnętrzy, poza domem**

promote /prə'məʊt/ (v) = to try to increase the popularity of sth **promować, reklamować**

raise (money, etc for sth) /reɪz/ (v) = to collect (money, etc for sth) **zbierać (pieniądze na coś)**

sample /sɑ:mpl/ (v) = to try (food or drink to see what they taste like) **kosztować, próbować**

sink my teeth into sth (idm) = to become involved in sth with a lot of enthusiasm **zatopić w czymś zęby, zagłębić się w coś**

stall /stɔ:l/ (n) = a large table at an open market where products are sold **stragan, stoisko**

taste /teɪst/ (n) = a flavour **smak**

workshop /'wɜ:kʃɒp/ (n) = a short seminar with practical work on sth **warsztat**

Unit 12 – Earth, our Home

12a

air pollution /'eə pəlu:ʃən/ (n) = harmful substances released into the atmosphere **zanieczyszczenie powietrza**

break up /'breɪk 'ʌp/ (phr v) = to split sth into smaller parts **rozbić na części**

bucket /'bʌkɪt/ (n) = a container with a handle for carrying water, sand, etc **wiadro, wiaderko**

clean /kli:n/ (adj) = not dirty **czysty**

clear /kliə/ (adj) = 1) not confusing; 2) (of the sky) without clouds **1) zrozumiały; 2) bezchmurny**

cutting down trees (phr) = the act of cutting trees so that they fall down on the ground **wycinanie drzew**

earn /ɜ:n/ (v) = to receive money from your work **zarabiać**

forest fire /'fɒrɪst faɪə/ (n) = a blaze in a wooded area **pożar lasu**

go off /gəʊ 'ɒf/ (phr v) = 1) to leave the place where you were; 2) (of electrical devices) to stop operating **1) wyjeżdżać; 2) przestać działać**

go on /gəʊ 'ɒn/ (phr v) = 1) to continue; 2) to happen **1) kontynuować; 2) działać się**

go out /gəʊ 'aʊt/ (phr v) = (of a fire/a light) to stop burning/shining **zgasnąć, przestać się palić**

goat /gəʊt/ (n) = an animal we keep for its milk and meat **koza**

join in /dʒɔɪn 'ɪn/ (phr v) = to get involved in an activity which others have started doing **dołączyć**

lack of rain (phr) = a shortage of rain **brak opadów**

little /lɪtl/ (adv) = only a small amount, not much **mało, niewiele**

look after /'lʊk ɑ:ftə/ (phr v) = to take care of sb **zajmować się, opiekować się**

nearby /'niəbaɪ/ (adv) = located a short distance away **blisko, niedaleko**

packaging /'pækɪdʒɪŋ/ (n) = a container or wrapping material in which products are sold **opakowanie**

pick up /'pɪk 'ʌp/ (phr v) = to take sth in your hands **podnieść (kogoś/coś)**

prove /pru:v/ (v) = to show that sth is true **udowadniać, dowodzić**

receive /rɪ'si:v/ (v) = to be given sth **otrzymać, dostać**

refugee camp /refjʊ'dʒi:kæmp/ (n) = a place where people who have escaped their country can stay temporarily **obóz dla uchodźców**

rubbish /'rʌbɪʃ/ (n) = useless things thrown away **śmieci, odpady**

spoil /spɔɪl/ (v) = to damage sth; to make sth worse **zepsuć**

staff /stɑ:f/ (n) = a group of people who work for a company, factory, etc **kadra, pracownicy**

support myself (phr) = to earn my living **utrzymywać się**

wages /'weɪdʒɪz/ (pl n) = daily or weekly payment for your work **płaca, zarobki**

war /wɔː/ (n) = armed fighting between countries **wojna**

water pollution /'wɔ:tə pəlu:ʃən/ (n) = harmful substances released into water sources **zanieczyszczenie wody**

12b

bottle bank /'bɒtl bæŋk/ (n) = a container for recycling glass bottles **pojemnik na szkło**

car fumes /kɑ: fju:mz/ (pl n) = gases released from cars into the air **spaliny samochodowe**

carbon footprint /kɑ:bən 'fʊtprɪnt/ (n) = how much carbon dioxide each person produces **suma emisji gazów cieplarnianych**
climate /klaɪmət/ (n) = the typical weather conditions in a place **klimat**

dry up /draɪ 'ʌp/ (phr v) = to lose all water and become completely dry **wysychać**

emergency /'ɪmɜ:dʒənsi/ (n) = an unexpected serious situation that needs immediate action **nagły wypadek**

install /ɪn'stɔ:l/ (v) = to set up a piece of equipment and make it ready to use **instalować, umieszczać**

LED bulb /led bʌlb/ (n) = a modern electronic device for producing light, more economical than conventional bulbs **żarówka LED**

light bulb /laɪt bʌlb/ (n) = a round-shaped glass container that produces light through electricity **żarówka**

recycling centre /rɪ'saɪklɪŋ ,sentə/ (n) = a place where used materials are processed so as to be reused **stacja/ośrodek recyklingu**

service /sɜ:vɪs/ (v) = to examine and maintain a car/machine **serwisować**

traffic jam /træfɪk ,dʒæm/ (n) = too many vehicles that move very slowly **korek drogowy, zator**

vegetarian /'vedʒə'teəriən/ (n) = sb who never eats meat or fish **wegetarianin, wegetarianka**

12c

buy /baɪ/ (v) = to give money in order to get sth **kupować**
jar /dʒɑː/ (n) = a glass container with a top **słoik**

plant /plɑ:nt/ (v) = to put seeds in the ground so that they can grow into trees, flowers, etc **sadzić, siać**

plugged in /ˈplʌgd ˈɪn/ (pp) = (of an appliance) connected to a supply of electricity
podłączony (do sieci elektrycznej)
rubbish tip /ˈrʌbɪʃ ˈtɪp/ (n) = the area where rubbish from cities and towns is dropped
wysypisko śmieci
spare (time) /speə/ (v) = to give your time to sb, especially when it's inconvenient for you
poświęcać (np. czas)
take part in (phr) = to get involved in sth with other people
brać w czymś udział
take turns (phr) = two or more people do sth one after the other
robić coś na zmianę
tin /tɪn/ (n) = a metal container for food and drinks
puszka
turn off /ˈtɜːn ˈɒf/ (phr v) = to stop the water running from a tap
zakręcać, wyłączać
waste /weɪst/ (n) = unwanted substances and materials
odpady
wrap /ræp/ (v) = to put cloth, paper, plastic, etc around sth
zawijać, owijać, zapakować

Culture 12

ashore /əˈʃɔː/ (adv) = on the land at the edge of an ocean, lake or river
na brzegu, na lądzie
clean /kliːn/ (adj) = not dirty
czysty
curious /kjuəriəs/ (adj) = interested to know
ciekawny, zaciekawiony
divide /dɪˈvaɪd/ (v) = to separate into parts or groups
podzielić, dzielić
exhibition /ˌeksɪˈbɪʃən/ (n) = an event in which pieces of art are shown to the public
wystawa
giant /dʒaɪənt/ (adj) = extremely large
gigantyczny
go on /gəʊ ˈɒn/ (phr v) = to continue doing sth
kontynuować, robić coś dalej

increase /ɪnˈkriːs/ (v) = to become bigger or larger
zwiększać, wzrastać
jellyfish /dʒelɪfɪʃ/ (n) = a sea creature with a transparent body that can sting people
meduza
mammal /ˈmæməl/ (n) = an animal that has babies and feeds them on its milk
ssak
octopus /ˈɒktəpəs/ (n) = a sea creature with eight legs and a soft head
ośmiornica
pile /paɪl/ (n) = a number of things one on top of the other
stos, sarta
puffin /ˈpʌfɪn/ (n) = a black and white seabird with a coloured beak
maskonur (ptak)
remind (sb of sth) /rɪˈmaɪnd/ (v) = to make sb remember sth
przypominać (komuś o czymś)
sculpture /ˈskʌlptʃə/ (n) = work of art made by carving stone, marble, wood, etc
rzeźba
set up /ˌset ˈʌp/ (phr v) = to start an organisation, business, etc
zakładać, tworzyć coś

Values D: Caution

argue (with sb) /ɑːɡjuː/ (v) = to disagree with sb expressing your views
kłócić się (z kimś)
bitter /ˈbɪtə/ (adj) = being angry about a past event/ experience
rozgorzyczony
cyberspace /ˈsaɪbəspeɪs/ (n) = the Internet
cyberprzestrzeń
deal with /diːl wɪð/ (phr v) = to handle sth
radzić sobie z czymś
electronic data (phr) = information in a digital form
dane elektroniczne
embarrassed /ɪmˈbærəst/ (adj) = ashamed
zakłopotany, zawstydzony, speszony
encourage /ɪnˈkʌrɪdʒ/ (v) = to give sb confidence to do sth
zachęcać, mobilizować

fake /feɪk/ (adj) = not real
nieprawdziwy, fałszywy
ignore /ɪɡˈnɔː/ (v) = to take no notice of sb
ignorować, nie zwracać uwagi
mean /miːn/ (adj) = not kind; cruel
złośliwy, wredny
nasty /ˈnɑːsti/ (adj) = horrible; very bad
okropny, nieprzyjemny
offensive /əˈfensɪv/ (adj) = rude and upsetting
obraźliwy, ordynarny, atakujący
suspicious /səˈspɪʃəs/ (adj) = not trusting people, and careful when dealing with them
podejrzliwy, nieufny
ugly /ˈʌɡli/ (adj) = not beautiful
brzydki, ohydny
upsetting /ˌʌpˈsetɪŋ/ (adj) = causing worry and anger
przykry, przygnębiający
watch out for sth /ˌwɒtʃ ˈaʊt fə/ (phr v) = to be careful in order to avoid sth
uważać na coś, strzec się czegoś

Public Speaking Skills D

communication tool /kəˌmjuːnɪˈkeɪʃən tuːl/ (n) = any piece of equipment for contacting people
środek komunikacji
constantly /ˈkɒnstəntli/ (adv) = all the time
stale, ciągle
gain access (phr) = to be able to use a smartphone, a computer, etc
uzyskać dostęp
hack /hæk/ (v) = to gain illegal access to sb's data
włamywać się (w cyberprzestrzeń), hakować
harm /hɑːm/ (n) = damage
szkoda, krzywda
lift /lɪft/ (n) = an elevator
winda
message notification /ˈmesɪdʒ nəʊtɪfɪˈkeɪʃən/ (n) = the short sounds on your mobile phone informing you that you have a text message
powiadomienie o wiadomości

pick (sth) up /pɪk ˈʌp/ (phr v) = to take sth in your hands
podnieść coś

CLIL A Literature

be fond of (doing) sth (phr) = to like (doing) sth very much
lubić coś robić
current /ˈkʌrənt/ (n) = a continuous flow of water in a particular direction
prąd wodny
depth /depθ/ (n) = the distance between the upper and lower surface of sth
głębokość
flat /flæt/ (adj) = (of the sea) having a straight level surface without waves
gładki, równy
gently /dʒentli/ (adv) = softly and carefully
delikatnie, łagodnie
harbour /ˈhɑːbə/ (n) = a small port
przystań, port
head (for sth) /hed/ (v) = to go towards a place
kierować się (do czegoś)
hill /hɪl/ (n) = a high area of land that is lower than a mountain
wzgórze, pagórek, wzniesienie
row /rəʊ/ (v) = to move a boat through the water using oars
wiosłować
shore /ʃɔː/ (n) = the land next to the sea, lake, etc
brzeg
steadily /ˈstedɪli/ (adv) = at a constant pace
równomiernie, miarowo
wish (sb/sth to do sth) /wɪʃ/ (v) = to want sb/sth to do sth
chcieć, życzyć sobie

CLIL B Film studies

brain /breɪn/ (n) = the organ inside your head which controls your body and the way you act
mózg
depth /depθ/ (n) = the distance from the front to the back of an object
głębina
dimensions /daɪˈmenʃənz/ (pl n) = the length, width and height of sth
wymiary

Word List

display /dɪ'spleɪ/ (v) = to show sth on a screen **wyświetlać**

flat /flæt/ (adj) = (of a computer/TV) having a slim light screen without any curves at the edges and with very sharp and clear images **płaski, cienki**

float /flaʊt/ (v) = to move gently in the air **unosić się**

length /leŋθ/ (n) = the measurement that shows how long sth is **długość**

lens /lenz/ (n) = a thin curved piece of glass or plastic attached to a camera, telescope or pair of glasses that makes images smaller, bigger, etc **obiektyw, soczewka**

mixture /mɪksʃə/ (n) = a combination of two or more different things **mieszanka, połączenie**

possible /pɒsəbəl/ (adj) = able to be done **możliwy**

slightly /slɑɪtli/ (adv) = a little bit **nieznacznie, nieco**

stand for /stænd fɔ/ (phr v) = to mean sth **być skrótem od czegoś, znaczyć coś**

trick into /trɪk ɪntu/ (phr v) = to deceive sb into doing sth **skłonić podstępem, oszukać**

version /vɜːʃən/ (n) = a form of sth which is similar to, but not exactly the same as, its original form **wersja**

width /wɪðθ/ (n) = the measurement that shows the extent of sth from one side to another **szerokość**

CLIL C Science

build up /bɪld 'ʌp/ (phr v) = to accumulate over a period of time **gromadzić się, piętrzyć się**

epicentre /epɪsɛntə/ (n) = the point on the Earth's surface directly above the centre of an earthquake **epicentrum**

fault line /fɔːlt laɪn/ (n) = the place on the Earth's surface where a long crack is formed when two tectonic plates have moved past each other and an earthquake occurs **linia uskoku**

focus /fəʊkəs/ (n) = the place underneath the Earth's surface at which an earthquake occurs **ognisko trzęsienia ziemi**

layer /leɪə/ (n) = a thin flat area, usually lying above or below another **warstwa**

pressure /preʃə/ (n) = the force which is put onto sth **ciśnienie**

release /rɪ'liːs/ (v) = to let sth flow out **uwalniać, wypuszczać**

rise up /raɪz 'ʌp/ (phr v) = to move upwards **wznosić się**

seismic wave /saɪzmiːk 'weɪv/ (n) = a vibration that travels through the Earth caused by an earthquake, explosion, etc **fala sejsmiczna**

shake /ʃeɪk/ (v) = (of a part of land) to vibrate; to tremble **trząść się**

smooth /smuːð/ (adj) = having an even surface **gładki, równy**

surface /sɜːfɪs/ (n) = the outer top part or layer of sth **powierzchnia**

tectonic plate /tek'tɒnɪk 'pleɪt/ (n) = each of the rock parts of the Earth's crust **plyta tektoniczna**

CLIL D Geography

acid /æsɪd/ (n) = a chemical substance that can burn sth or dissolve other substances **kwas**

break down /breɪk 'daʊn/ (phr v) = to separate into the substances that sth is made up of **rozkładać się**

calcite /kælsaɪt/ (n) = a white or colourless mineral that is a major component of marble, limestone, etc **kalcyt**

carbon dioxide /kɑː bən daɪ'ɒksaɪd/ (n) = a colourless gas that is produced by the decomposition of organic substances and when people/animals breathe out **dwutlenek węgla**

carbonic acid /kɑːbɒnɪk 'æsɪd/ (n) = a colourless chemical substance that is formed by dissolving carbon dioxide in water **kwas węglowy**

create /kri'eɪt/ (v) = to produce sth **tworzyć**

dolomite /dɒləmaɪt/ (n) = a type of white mineral that is used to produce marble and cement **dolomity**

drop (of sth) /drɒp/ (n) = a very small amount of liquid **kropla (czegoś)**

enter /entə/ (v) = to go into a place **wchodzić, wchodzić do**

erosion /ɪ'rəʊʒən/ (n) = the process in which soil or rock is worn away by wind, water, etc **erozja**

explore /ɪk'splɔː/ (v) = to go around a place to discover what is there **eksplorować, zwiedzać, badać**

form /fɔːm/ (v) = to make sth **formować, kształtować, tworzyć**

glacier /glæsiə/ (n) = a large slowly-moving body of ice **lodowiec**

gypsum /dʒɪpsəm/ (n) = a white or colourless mineral used to produce plaster or cement **gips**

hit (against sth) /hɪt/ (v) = to strike against sth **uderzać (o coś)**

karst cave /kɑːst keɪv/ (n) = a large hole in the side of a hill, cliff or mountain that is made of rocks such as limestone, marble or gypsum **jaskinia krasowa**

limestone /laɪmstəʊn/ (n) = a kind of rock that contains calcium used as a building material **wapień**

melted /meltɪd/ (adj) = changed from a solid to a liquid form **roztopiony**

mineral /mɪnərəl/ (n) = a substance, such as salt, gold, etc which is naturally formed in rocks and in the ground **minerał**

pile /paɪl/ (n) = a number of things lying one on top of the other **stos**

tiny /taɪni/ (adj) = extremely small **malutki, niewielki**